

Creative successes

Dulwich High School of Visual Arts and Design continues to offer a wide variety of creative opportunities to its students. On the back of last term's ArtMonth, the school was recently involved in the **SongMakers** program with industry experts, **Zine Fair** at the iconic MCA, the **Inner West Open Studio Trail, In Concert, iManifest** and entered art competitions with student success. The commitment of teachers to these programs that extend our students' knowledge and experience is highly regarded, as is the fine work being produced by our students.

SongMakers at Dulwich

The school recently took part in a national contemporary music mentoring program called SongMakers. The school applied for and was selected as one of *only 50 Australian schools* offered this opportunity. The program run by APRA AMCOS with support from The Australian Government saw our senior students collaborating with some of Australia's most successful musicians and producers.

The intensive workshops were held over two days and working with the students to create and record songs were Award-winning mentors: Producer/Writer **Robert Conley** (Montaigne, Thelma Plum, Jessica Mauboy, Ricky Martin, Destiny's Child, Santana) and Writer/performer/DJ/Triple J presenter, **Kristy Lee Peters, KLP**. Watching this intensive approach, with experienced producers and writers in the mix, it's incredible how the students responded by pulling songs together so quickly! **Mr N O'Donnell, Teacher/Band Coordinator, Music**



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DULWICH HILL

Music session a hit



Year 12 student Robert Kavakura, Eliza Byrre and Kristy Lee Peters. Picture: Craig Wilson

SongMakers program inspires next gen of talent

Kimberley Caines

A CLASSROOM was turned into a music hub when budding songwriters and producers created and recorded market-ready songs from scratch in just two days.

The 16 students from Dulwich High School of Visual Arts and Design collaborated with, and learnt from, some of the biggest names in music during the two-day workshop.

The creative session was held last week as part of SongMakers, a national contemporary music program aimed at nurturing the next generation of hit makers.

On Monday, the students were divided into groups and

wrote lyrics for four new songs using instruments while singing.

Students worked with mentors including DJ and Triple J presenter Kristy Lee Peters and producer Robert Conley, who has written songs for Tina Arena and Ricky Martin.

The next day, the students recorded the songs - *Miss Forever*, *Standoff*, *Unbreakable* and *Won't You Help Me* - in the school's recording studios, funded through a grant from Canterbury Hurstville Park RSL Club.

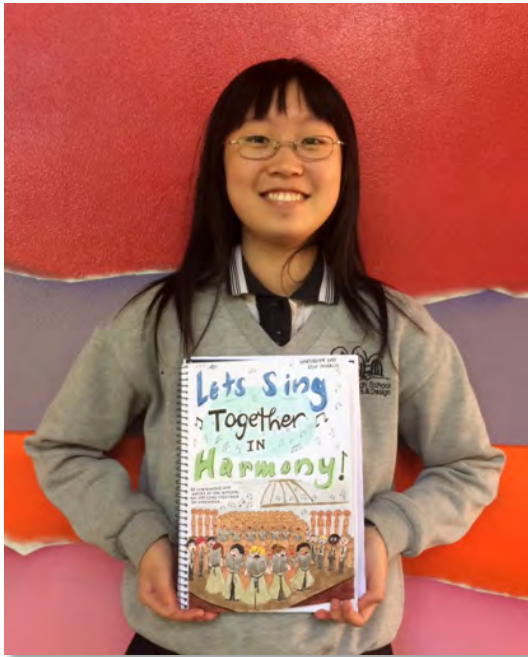
Year 12 student Mariena Watkins, 17, said: "The workshop put us in a new situation where we haven't

worked with before, I found we all learnt from each other about different approaches to songwriting and the different styles came together."

Year 11 student Jade Farrell-Whelan, 17 said the workshop was an opportunity for students to use their musical skills to produce radio-worthy songs.

"Having an extended period of time with good equipment, other musicians, and more importantly, the mentors and all of their experience, allowed us to learn a lot about song making. It was an inspiring experience, which will definitely be of help in the future," Jade said.

For program details go to songmakers.com.au

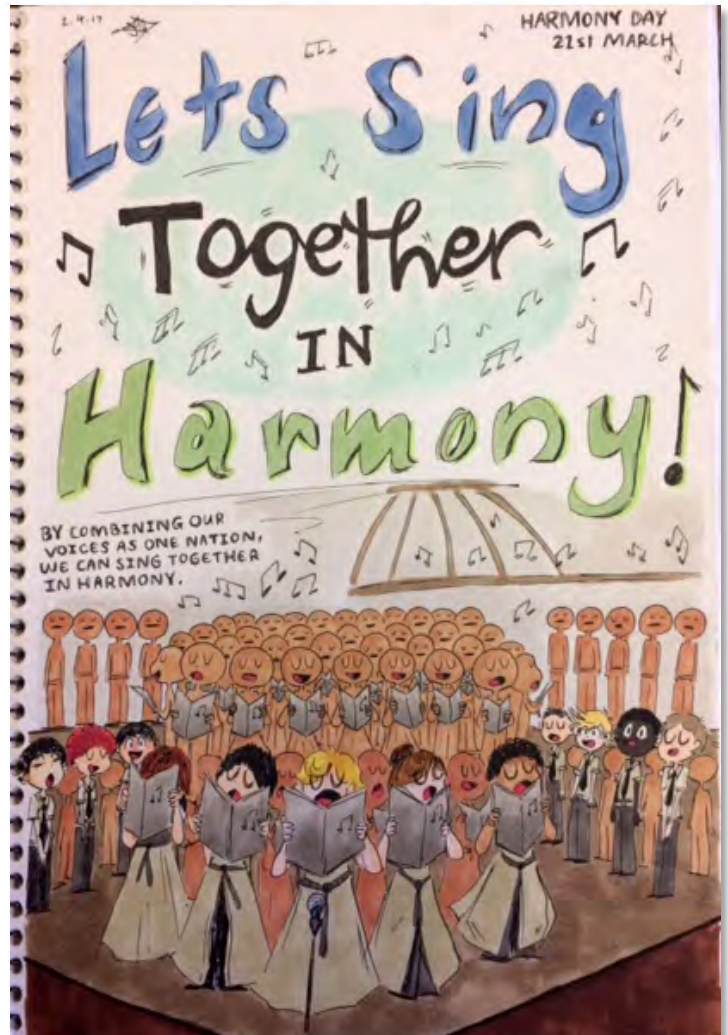


Harmony Day Poster

Harmony Day is a celebration of our cultural diversity held every year on 21 March. The Day coincides with the United Nations International Day for the Elimination of Racial Discrimination.

The Harmony Day Poster Competition is an annual initiative open to all primary and secondary students in NSW and ACT. Students were encouraged to visually articulate their interpretation of the 2017 theme – Strength In Harmony. This year Visual Arts teacher Ms Kyriacou coordinated a great submission of work as part of the year 9's Visual Arts class work and one of the students, Alice Xu, has been judged a winner.

Alice is been invited to attend a celebration and ceremony at NSW Parliament House with the Premier and will receive a cash prize. Well done and congratulations Alice!



From the Principal

Creative Buzz



Term 2 is well on the way and the school continues to buzz with wonderful opportunities for students.

Congratulations to the students who sold their cartoons/animations at the Zine Fair hosted at the Museum of Contemporary Art (MCA), the WOO students for representing their ideas and entrepreneurial skills in Melbourne along with 20 other schools in the presence of Professor Yong Zhao and to the students whose work was exhibited in our Seaview gallery as part of the Inner West Art trail. None of this would be possible without our staff taking initiative to get our students involved, our students who trust in our guidance and the parents who support the opportunities we seek and provide to our student body.

According to Professor Yong Zhao... *The three guiding principles for an education experience for the times:*

- *Developing more personalised education experiences, so each young person can pursue his or her passions and talents to excel in their own unique ways;*
- *Engaging in creative and entrepreneurial product-oriented learning experiences that can, in authentic ways, benefit their local and global communities;*
- *Cultivating and prototyping new approaches, processes and or products.*

As we reflect on these guiding principles, we certainly have a school that successfully engages in providing educational experience for the times.

Thank you to all the parents, staff and students who attended the parent teacher interviews. The multipurpose area was filled with many parents and students conversations about learning, successes and future direction.

We welcome new staff to our community: Mr Vardakis and Mr Casimero in the maths faculty. We also congratulate Mr Tari for successfully achieving the relieving position of Head Teacher *Teaching and Learning-Welfare* and the supervisor of PDHPE. He will hand over his year 11 student-advising role.

Fees

As we progress into a new system called LMBR we have sent messages and letters have gone home to remind families to

pay all outstanding fees by the end of this term. Families having financial hardship please contact the finance office. **Year 12 parents** need to attend to fees as a matter of urgency so the school can purchase equipment needed to support their courses.

Enrolment for 2018

The visual arts and design interviews are still taking place. Families will be informed of the outcome in due time. Applications from many primary schools have been arriving for the mainstream curriculum. We will process them in due course.

At our last P&C meeting we spent some time discussing our next school plan for 2018 to 2020. If you have any suggestions as to what you think should be considered for the plan let me know via the schools email. As part of the discussion parents were asked to write down what we do well, things we could improve and any new ideas we should consider. The current school plan is on the website. Any suggestions are welcome. We envisage that our next school plan will be finalised by the end of term 3.

The P&C are asking for a building donation before the end of the financial year. They will provide you with a receipt for your tax refund. Monies collected through fundraising come back to the school. Making a donation is one way to support the school for we know parents are busy people and often cannot donate their time to attend functions. Various programs that the P&C have funded in full or in part are: pergola, outdoor tables, water fountain, garden, furniture, technology picnic tables, hand dryers in the student toilets etc...

Currently we are looking to upgrade the library, build a café for the school for students to get hands on experience in the hospitality and service industry.

Staff will continue to attend to professional meetings after school instead of the last two days - school development days. These evenings have been extremely valuable for both planning and professional learning.

Internal evaluation reviews

This term we will be reviewing PDHPE and sport. During this process, we look at documentation, interview students and staff. We will also be sending an electronic survey to a

sample of parents asking for feedback. We use this information to gain insight to what we are doing well, review what needs our attention and how we can continue to improve and grow.

Student voice is very important in our deliberations and decision making. I often hold meetings with our student leaders and when special projects arise I invite students from the whole school body to participate. Currently the SRC are devising a survey regarding the canteen and the uniform committee are looking at adding extra items to our collection. I thoroughly enjoy working with students. They have a lot to offer, are always willing to take advice, be creative in their thinking and lead the way in making our school a better place. During these discussions, I am often reminded as to why I became a teacher all those years ago!

At the end of my report, I have included an interesting item about creating a healthy digital world.

Have a great term and make sure you take time to enjoy the wonderful autumn sun.

A HEALTHY DIGITAL DIET

Optimising the Healthy Digital Diet: A Guide for Parents and Families

A Guide to 'Problematic Internet Use' in Children and Adolescents

In recent years, the phenomenon of *problematic internet use* or 'PIU' (commonly referred to as internet or video game 'addiction' has emerged as a real concern for teachers, counsellors and parents. This resource aims to assist parents and families in addressing what can become a complex and challenging problem.

From as early an age as possible, we strongly recommend all school children follow a 'Healthy Digital Diet'. Ideally, a healthy digital diet should be encouraged from Primary School onwards, with sensible, moderate use being a key consideration for parents to aim for. It is not about 'getting rid' of computer games or social networking - which are usually enjoyable and empowering activities - but about not letting these habits become excessive and potentially interfering in other daily activities, such as social interaction, sport, hobbies and home chores. Global research indicates that between 5% and 10% of young people who use information and communication technologies (ICT) regularly develop a problem or addiction around this use.

What is 'internet addiction'?

the pervasive, long-term usage by a person of ICT and related technologies, which results in a clinically significant impact in that persons daily functioning or role/expectation, and which persists despite efforts in the client, or in the social circle, to reduce that usage.

What are the core common features of a schoolchild with possible PIU? Note that individual cases will differ slightly.

Playing games, or going online, for longer and longer periods each day.

Seeking to go online or to game, as soon as the child wakes up.

Neglecting, or avoiding, daily chores or general duties, such as attending the family dinner, homework tasks, tidying bedroom, bathing and washing.

Sleeping patterns being disturbed e.g. going to sleep at a later time, and/or getting up in the night to go online.

Lying about, or minimising, the amount of time spent online when asked by an adult.

Getting angry or even aggressive when not able to go online – e.g. when computer crashes, when no WiFi is available outside, or when computer use is restricted by an adult.

A decline in school performance– e.g. Grades or results lower than expected, or reports from teacher or school counsellor that ICT overuse is distracting them in class.

The 'Health Triangle'

The 'health triangle' is a useful way of showing that the key domains of sleep patterns, physical activity and internet use are all interlinked. Thus, problems in one area can cause problems in another (e.g. Increasing time spent on computer gaming can cause a lack of exercise and weight gain, then sleep problems). Tackling an established case of advanced PIU will require that the domains of sleep optimisation and the encouragement of exercise be addressed — not just the PIU alone. Thus, a holistic and individualised approach is recommended to achieve positive and lasting change.

Consider using our '**IMPROVE**' tool at home, to gain for yourself a picture of how severe the PIU might be and what its characteristics are: visit our website, www.niira.org.au, for more

Ms A Alves
Principal



From the Deputy Principal

The students involved in the **World of Opportunity (WOO)** initiative have been showcasing their entrepreneurial learning actions and journeys in Melbourne (22nd May) at a national forum, attended by Professor Yong Zhao. The year 10 students are Louise Personeni, Curtis Maguire, Clara Metcalfe-Lowe, Aki Tsionis and Georgia Athanasopoulos. The students have been participating in panel discussions with Yong Zhao, displaying and speaking to their poster, reading out a report and showing their film (produced by Toby Samuel and assisted by Aki Tsionis). The product the students (who go by the name of the Collective 7/C7) have produced is an on-line design market that displays and sells art and design items produced by our students.



Coaches and Mentors

Coaching and Mentoring for years 11 and 12 has commenced this term. Small groups of students will be coached by head teachers, identifying their character strengths and working on developing growth mindsets, setting goals and incorporating personal bests. One-on-one mentoring sessions with teachers nominated by the students has already commenced.

The **Project Based Learning (PBL) program** for stage 4 is well underway, with year 8 presenting their final projects on Sustainability to panels of markers this week. Some of the ideas have certainly been very creative and innovative, with some entrepreneurial projects ready to be developed for the future.

Year 7 have finished 'Play' and started their mini PBL Skills program, which includes prototyping/researching /brainstorming. The focus for this semester will be changing the car-park on Seaview Street opposite the school to a green space.

We are a full uniform school at Dulwich High School of Visual Arts and Design. There is a range of clothing items available at the Uniform Shop, which is open on Mondays and Thursdays. There is also a second hand uniform shop at school. Hoodies, jeans and tracksuit pants are not to be worn at any time. Sports uniforms and sports shoes are only to be worn during PE classes or on Tuesdays for Sport and only in the junior years 7-10. We encourage all of the students in our school community to wear their uniforms with pride. If for any reason a student cannot wear their correct uniform, they are to bring an explanation note from home and present it to the Deputy Principal before school begins.

A reminder that there is a **Homework Club** operating on Wednesday afternoons in the library from 3-4.30pm. There are teachers available to assist students with their work.

Ms N Wilkinson
Deputy Principal

From the School Deputy

Court orders

Sadly, sometimes relationships break down and the court makes orders that change the contact parents can have with their children or the role they play in making decisions about their children's education. These can be Family Court Orders or Apprehended Violence Orders. Parents can also reach agreement about issues such as contact in a parenting plan. If this happens, it is important that you provide the school with a copy of any court orders or plan that could affect your child's education.

In the absence of any notification to the contrary, the school will assume that both parents continue to retain a shared and equal parental responsibility for their children and should be involved in making any decisions regarding their children's education.

This means that the school will recognise that each parent has equal duties, obligations, responsibilities and opportunities in relation to matters involving the school. If any changes occur in your family relationships which have the potential to impact on the relationship between the school and your family, please advise the school immediately and provide a copy of any court orders that may be obtained. These orders will be stored securely and only accessed by staff who need to see them in order to plan for your children's learning and support and related issues.

Teach NSW Scholarships

Each year, teacher scholarships are offered to HSC students who may be considering a career in education, post-secondary school.

Students who may be considering a teaching career, should follow the link below to find out more details regarding application and benefits offered by the NSW government.

www.teach.nsw.edu.au/getpaidtostudy

Students are also encouraged to speak to Mr Spetere or myself for further information.

Ms Dracopoulos
Stage 6 Deputy Principal



From the Visual Arts Faculty

The Visual Arts and TAS staff as well as the KLA Head Teachers recently completed three weeks of interviews for Year 7 2018 Artstream classes. Two interview panels ran each day meeting students from local schools, the broader Sydney region and interstate. The teachers were treated to some amazingly talented and academically engaged students all very excited and keen to join our school next year.

-I-MANIFEST-

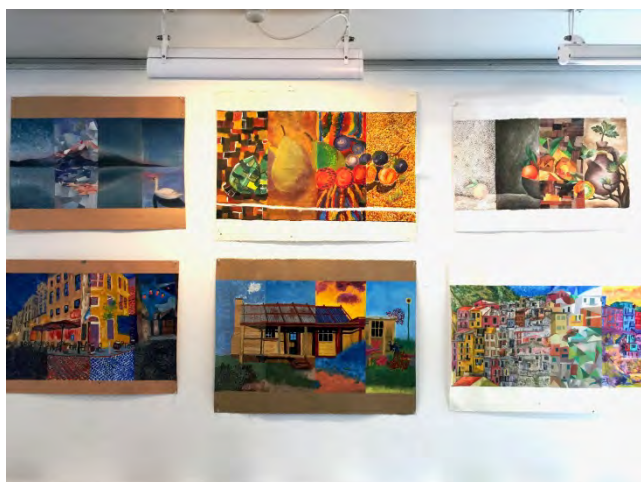


Year 9, 10 and 12 students participated in the **i-Manifest** Fashion Week workshops as well as the School of Sustainable Beauty with Yan Yan Chan and Kiehls.

Students have been involved in photographic assignments and design work gaining invaluable real world experience in creative industries. Students involved: Alex Drinkwater, Kethie Neloe, Isabella Malesci, Mio Van Starrex, Zak Kalivas, Salvador Rimerez, Tahi Williams Greg Vasta, Una Celiovic, Anna Decombes, Mia Ardianto, Brigid Buckley, Kathy Jankiewicz, Isabella Leslie.



Our Seaview Gallery was a participant in the Inner West Council's Studio Open Trail exhibition held Saturday 20. There was a strong public response in people following the "trail" and visiting our gallery to see a selection of student art work. In addition, Year 12 students were in attendance working on their HSC Body of Work that added substance to the theme of an open studio.





The following day MCA Zine Fair staff and students fronted up to the MCA for what seems to have become an increasingly popular cultural event in Sydney. We have been honoured to be the only school to participate in the Zine Fair, which we have done for the past 5 years. Our students in NEO Cartooning and Animation classes produce highly entertaining, engaging and often thought provoking zines that draw much praise from the general public. This year we had a very strong response from the general public who expressed their excitement about there being a specialist visual arts school

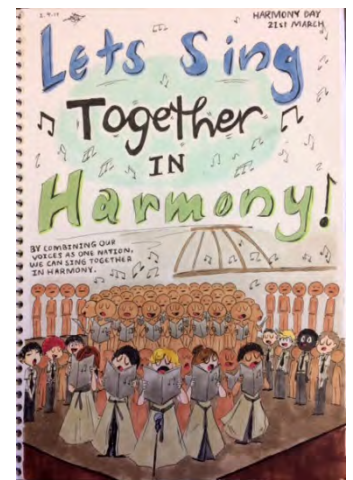


Students were able to sell their zines at the Fair and for the students who manned the stall a chance to develop their entrepreneurial skills. Peter Blanda, Xavier Santana, Maksim Tomovic, Jessica Ngo, Gabe Filshie, Amaris Allegra, Shavika Shukla, Riria Hamblett-Watt and Angelique Cianci were excellent ambassadors for the school engaging with the public.



NEO Wearable Art class taught by Mr Westgarth, are participating in a Reverse Garbage activity, "Plastic Un-Fantastic Project" run by their artist-in-residence, Stephanie Powell. Keep tuned for a follow up report on the student "creations"

Year 11 Visual Arts students, Natasha Hallon and Aaron Hamilton Gold were selected for the prestigious NAS HSC Extension program which they will participating in over the next two school vacations in preparation for their year 12 HSC Body of Work.



As mentioned in the opening article Year 9 Visual Arts entered the Harmony Day Poster Competition as part of their course work and student Alice Xu's work 'Let's Sing Together in Harmony' was judged a winner. Alice will soon attend a presentation at NSW Parliament House.

MCA / National Centre for Creative Learning

MUSEUM OF CONTEMPORARY ART

Staff Development Day at the MCA – In our growing engagement with strategies for implementing creativity in teaching and learning, our teachers selected one of the 4 workshops to participate in with the view to how they may be able to utilise the MCA facilities or aspects of the workshop in their own teaching practice.

- Workshop A** THIS IS IN REAL TIME: ART, MEDIA AND PERFORMANCE / PUTTING THE A IN STE(A)M
- Workshop B** ELECTRONIC ART WORKSHOP
- Workshop C** ABOUT PLACE: HISTORY AND IDENTITY ART AS A LENS ON HISTORY AND IDENTITY
- Workshop D** ART WRITE NOW BRING YOUR OWN STORY, TAKE FRESH MEANING

Human Society and Its Environment (HSIE)



HSIE Excursion Report

Investigating Coastal Sand Dune Environments – A different kind of day at the beach!

With the sun beating down on our well protected necks, the Year 11 Geography class travelled to Cronulla's Elouera and Wanda beaches to investigate the development of sand dunes, and their importance in the functioning of coastal environments.

We studied the sand dunes applying appropriate geographical skills and using a range of tools. We analysed photos and different types of maps, measured wind speed and angles using anemometers and clinometers, our goal was to review and understand the natural and human impacts on the dune environment and the native wildlife.

We identified the key processes of sand dune formation and discussed the importance of maintaining that system with the use of vegetation and other strategies. We considered human impacts in the area, involving factors such as land use, beach depletion and the threats posed by exotic species. By the end of the excursion, the class looked into some of the management strategies taken in the past and present to re-vegetate and ensure healthy dune development.





The best part of the trip was seeing the sand dunes in person. Arguably, the height has eroded significantly since the 1950s; however seeing them in person is definitely worth experiencing. Hugo

My favourite part of the excursion was examining the vegetation and recording it. In its entirety, the excursion was memorable for providing a great deal of information, as well as, while allowing for a high level of discovery and enjoyment. Michael

Apart from the amazing race of catching the train home, the most memorable part of the excursion was the field work done on the beach; measuring wind speed and direction, identifying the vegetation in the area has helped to expand my knowledge of the importance of dune development. Also, working with my peers conducting the fieldwork has also been very enjoyable.

Anicca

Most memorable moments

The trip to Cronulla packed a plethora of information into one day! It also strengthened the class' bond with each other. Nico

The most memorable part of the excursion was the fieldwork at the beaches, where we collected various forms of measurements and information regarding the primary dunes and secondary dunes. While being introduced to a handful of new geographical equipment, we were able to successfully measure wind speeds, identify vegetation, and measure the distance and angles of these dunes. It was fruitful, practical research.

Annika

The most enjoyable part of the day was profiling vegetation. Celeste



Mr J O'Neill
Head Teacher
HSIE Faculty



My WOO Experience

World of Opportunities, known as 'WOO', is an initiative that encouraged us to create an entrepreneurial product that will benefit our school community, working collaboratively with Yong Zhao and Dianne Hennessy. We created Collective Seven, an online student design marketplace giving students a platform for them to exclusively showcase their work. We were inspired by the culture and context of our school, especially the creative and innovative skills and talents of our peers. By participating in this initiative, we have also learnt about how a business operates, gaining an understanding of the process of creating products and how to overcome challenges along the way.

On Monday 21st May, we went to Melbourne to participate in a seminar run by the Mitchell Institute. During this seminar, we presented Collective Seven to New South Wales and Victoria school students and special guests, displaying our poster and film in front of Professor Yong Zhao. It was a wonderful opportunity to present our entrepreneurial product to the distinguished guests and meet students who have also participated in this initiative.

Georgia Athanasopoulos
Year 10

“We have also learnt about how a business operates, gaining an understanding of the process of creating products.”

Mathematics News

NAPLAN Preparation

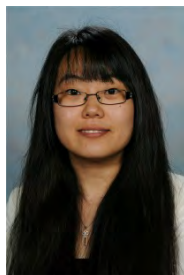
Students in Year 7 and 9 have participated in NAPLAN during week 3. In preparation for NAPLAN, Year 7 students have completed the Numeracy Booklet, which incorporates all aspects from the Numeracy Continuum K-10 and 2 NAPLAN practice papers. Year 9 students have been given two NAPLAN practice papers along with six different NAPLAN style Mathspace activities.

In Week 4, Year 9 and 10 students will participate in an incursion during their normal Mathematics lesson. Students are given a box of Smarties to analyse and record the colour of the Smarties. Students then have to represent their data in to different type of graphs, using Excel.

The Australian Mathematics Competition will be held on 27th of July, Thursday. Students were given permission notes. All students are welcome to participate; however, this competition is compulsory for 70 and 80 students.

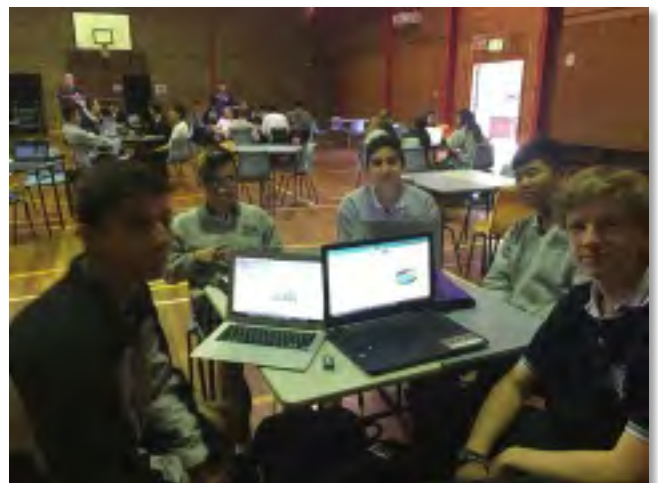
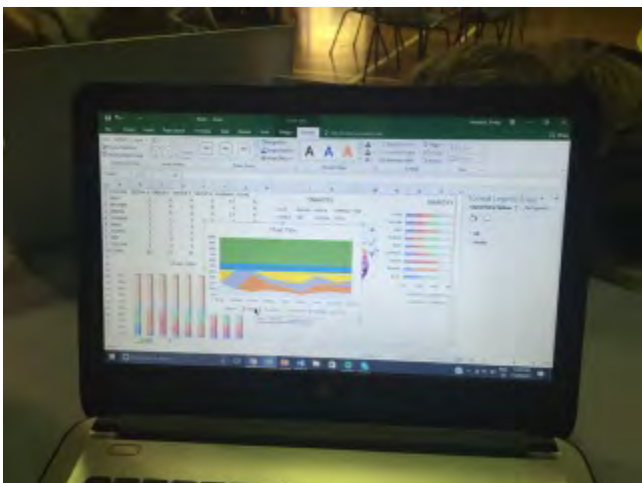
Kind Regards,

Ms S Kang
Head teacher Mathematics



40th
1978-2017
Australian
Mathematics
Competition
0.4 x 100
Celebrating 40 years!
 $\sqrt{1600}$ \angle $2^3 \times 5$
Thursday 27 July
See your teacher to enter
www.amt.edu.au
AUSTRALIAN MATHEMATICS TRUST

Yr 9 and 10 students working on their 'smartie' calculations



From the PDHPE Faculty



Student mentoring @ DHSVAD

Teacher-student relationships, student voice and positive, caring role models significantly impact student engagement and learning, and at Dulwich High School of Visual Arts and Design, we provide a range of mentoring initiatives to actively support and engage students with their school and learning.

Mentoring is based on a trust relationship or partnership that focuses on the needs of the mentored participant. It is process and relationship oriented and supports skills transfer from a more experienced to a less experienced person. Importantly, the mentoring discussion allows the student mentee to articulate and challenge their thinking and actively plan for their future.

Through student mentoring we aim to:

- support the general wellbeing of individual students and in turn, set students up for future academic success
- embed aspects of positive psychology including growth mindset
- enhance students' performance in a range of skills including personal bests, goal setting, decision making and reflection
- empower students to deal with challenges and seize opportunities.

Our student mentoring initiatives include:

Coaching and mentoring for years 10, 11 and 12. Students are supported by small group coaching sessions facilitated by the deputy principals, head teachers and year and stage advisors. They explore their character strengths, plan for transitions to senior study and post schooling, set personal bests and SMART goals to support their learning and academic success. In addition, Year 11 and 12 students also

nominate a teacher mentor to meet with on a regular basis to support their general engagement with school and wellbeing.

LEAPS (Law Firms Encouraging and Assisting Promising Students) are a workplace learning mentoring program in which matches students with a mentor from a law firm. The mentors discuss and work through topics about study skills, ethics and career planning with the students. Students from year 9 are invited to participate in this initiative.

RAISE student mentoring is delivered in conjunction with Youth Frontiers. Students in years 8 and 9 are matched with a community mentor and meet on a weekly basis throughout terms 2 and 3. A range of topics, activities and student led project challenge students' mindsets and develop their skills and confidence.

Peer Buddies links our year 10 peer support leaders with year 8 students. This provides provide additional support for learning, fosters friendships and strengthens student wellbeing and engagement. It also provides a valuable opportunity for our year 10 students to develop their leadership capabilities.

Ms G Newall
Outgoing Head Teacher
PDHPE Faculty



Give Happy, Live Happy - National Volunteer Week

National Volunteer Week is celebrated during 8 - 14 May and a timely opportunity to acknowledge the value of volunteering. The *Give Happy, Live Happy* theme reminds us of

the positive impact of volunteering, including the wellbeing of individuals and the community.

Dulwich High School of Visual Arts & Design is very proud of our volunteering community, including our student and our parent volunteers. Both groups generously give their time and talents to make a positive difference by supporting others and creating a harmonious community.

Our students support a number of volunteering initiatives, including our school band and choir, peer support and peer mediators, exam readers and scribes, StreetArt Club, Enviro leaders as well as those volunteering at Dulwich Hill and Lewisham primary schools and Acacia Aged Care.

You can read more about National Volunteer Week at <http://www.volunteeringaustralia.org/nvw/>



We are pleased to announce our school is once again participating in the *NSW Premier's Secondary School Sport Challenge*. The Challenge encourages students to participate in sport, games and physical activity and aims to *have more students, more active, more often!*

Physical activity is valued for its physical, social and emotional benefits. It also helps young people to develop communication skills, confidence and resilience while having fun with family and friends.

The Challenge runs throughout terms two and three. Our Year 7 and 8 students (as well as those in other year groups) are encouraged to monitor their physical activity. This can include during class time, at recess and lunch, at sport as well as physical activity undertaken outside of school.

A free PSC Tracker app helps students monitor and track their physical activity or for those that prefer, a printed log book is also available.

Students completing the Challenge will receive a personalised certificate, signed by the Premier of New South Wales.

This year our staff and student leaders are also getting involved and supporting the Challenge. Ten staff have signed up for the *Premier's Staff Sporting Challenge*, and our student leaders are also planning some fun activities to get students up and moving.

For more information on the *NSW Premier's Sporting Challenge* please visit <https://online.det.nsw.edu.au/psc>

Student Leaders

In April, the Prefects and Captains; Harry Williams, Claudia Trovato, Rebekah Blair, Gabriel Gouveia, Tara Van Starrex, Lara Fasolin, Ryan Howe and Oliver Brownville attended the leadership day at Dulwich Hill Primary School. The afternoon involved talking and giving advice to the future leaders at Dulwich primary about their roles and expectations at school as a leader. The prefects were seated as a panel in front of the classroom where the children asked any questions they had about leadership and what it meant to be a leader at school. Each prefect answered from their experience about their roles and how they came into the position. The Prefects came away encouraged by the feedback and involvement of the students and on behalf of Dulwich High School of Visual Arts and Design, the Prefects would like to thank Dulwich Hill Primary for the invitation to talk to the future leaders of their school and hoped to have a positive impact.



Student Representative Council Update

During SRC meetings, students have been working on student identified priority areas in the school. Each group member has assigned roles and responsibilities in the project-planning process. These groups have been focusing on ***student wellbeing, art spaces and sporting opportunities***. Working within these priority areas provides students with a focus and the ability to think critically about issues that interest them, whilst still developing their leadership and collaborative skills in small teams.

Student wellbeing

The student wellbeing team have some exciting projects on the horizon. The focus is on international days such as 'Are you OK?' Day and how we can further embed such philosophies and initiatives in both the playground and classrooms at DHSVAD. Additionally, students are looking at introducing a 'lunchtime club' where all students are invited to just hang out, have some company and make new friends. The lunchtime club will aim to be an alternative space to the playground and support students' wellbeing.

Art space

The art space team are working with various faculties to organise more opportunities for students to display their art around the school. Students are investigating possible display areas and researching special days throughout the calendar year that could be used to showcase students' art for the school and local communities.

Sporting opportunities

The sporting opportunities team are planning to work closely with the NSW Premier's Sporting Challenge Program 2017. They aim to provide their fellow students with additional physical activity opportunities within the school and to promote a healthy and active lifestyle.

Some exciting opportunities coming up, watch this space!



"A leader is someone who knows the way, goes the way and shows the way"

Thank you

The SRC Coordinators Mr Manning and Ms Stojanoska, as well as the Head Teacher of Student Leadership, Ms Carr would like to take this opportunity to thank all SRC members for the hard work and dedication to student wellbeing at DHSVAD so far this year. We would like to make a special mention of SRC members who arrive early to raise the flags at the front of the school and those who have helped to serve tea and coffee during parent-teacher evenings this term.

We are looking forward to an exciting term ahead!

Ms Stojanoska and Mr Manning
SRC Coordinators

LEAPS @ DHSVAD



LEAPS (Law Firms Encouraging and Assisting Promising Students) is a workplace learning mentoring program which matches students with a mentor from a law firm. The mentors discuss and work through topics about study skills, ethics and career planning with the students.

Nineteen selected students from year 9 were invited to participate in this initiative and DHSVAD have partnered with law firm Allens Linklaters. Students meet fortnightly in one on one sessions with their mentors through Term 2 and 3. There are also special event days planned including a day's bowling and a visit to Court in session with mentors to see law in action.

The recent launch was held at school where students and mentors met to establish their new connection. DHSVAD is pleased to offer this great learning opportunity to students.

I think more positively, it's the best thing I ever did
Former LEAPS student mentee

Technology at Dulwich

Why it is so important that students bring charged, working laptops to school?

The use of technology in the classroom prepares young people for the digital world that they are a part of, giving them the skills they need to meet the demands of the new ways we work. Skills such as the ability to collaborate, working independently and critical thinking are all developed using technology.

It also enables schools to personalise education instead of offering a one-size fits all approach. as well as enabling students to be self-paced learners

Is there evidence to support the use of technology in learning?

Yes, analysis of collected research on the impact and effectiveness of technology in schools shows that students who use technology as a learning tool have better learning outcomes than those that use traditional methods. Students who use technology tend to be learners that are more independent and have the ability to analyse information to best assess its relevance.

For more information about our BYOD program and software downloads, please visit:

www.techhubdhsvad.com

Ms C Taylor

HT Communication and Operations



‘Learners in the internet age don’t need more information. They need to know how to efficiently *use* the massive amount of information available at their fingertips – to determine what is credible, what’s relevant, and when it’s useful to reference.’

Careers News

Term 2 is an important time for students to be researching future options preparing for making important decisions about such matters as HSC SUBJECT SELECTION - for Yr 10 students and UNIVERSITY/TAFE/COLLEGE / EMPLOYMENT- for Yr 12.

Students should take opportunities to develop their ideas for the future so as to be prepared for when they will need to submit subject, course and employment applications for 2018.

CAREER EXPOS

Career Expos are an important opportunity to explore further study and employment options. Students will be attending these this term:

Yr12 - June 2nd HSC and Careers Expo 2017 (Moore Park)

Yr10 - June 23rd Western Sydney Careers Expo 2017 (Sydney Showgrounds, Sydney Olympic Park)

NB: Yr11 students that were unable to attend in 2016 or were not at this school are also welcome to attend.

These events continue over the weekend and are also a great opportunity for parents and carers to find out more about university/TAFE/college and employment options.

EXPLORING FUTURE OPTIONS

Australian Film Television and Radio School Open Day

12 August. 10.00am to 3pm

Building 130, The Entertainment Quarter, Moore Park, Sydney.

Find out how to start and progress your career in the screen and broadcast industries with the Australian Film Television and Radio School. This is a great opportunity to see our state-of-the-art facilities, meet our professional tutors, learn about our undergraduate and postgraduate courses and see for yourself why AFTRS is the #1 film, TV and radio school in Australia. <http://www.aftrs.edu.au/events/aftrs-open-days>

The Creative Network - JMC Academy

JMC Academy has teamed up with Fire Entertainment to bring you The Creative Network in 2017. TCN is a series of crafted events designed to expand your knowledge, challenge your thinking and connect you to opportunities and professionals you need to know in the creative industries. For more info and to register your interest please visit: <http://bit.ly/2p2aG53>

Cisco. Women Rock-IT 15 June. 2.00pm

Join the FREE "Women Rock-IT" live TV broadcasts and hear from some "Rock'in" women who have challenged stereotypes and turned their passion for technology into rewarding and successful careers. Our speakers are in different occupations and businesses. You will soon learn, IT is a world of possibilities and a technology career can be as varied, exciting, and as glamorous as you want it to be. Join our events and connect with the women who Rock-IT. To learn more about the technology courses offered through Cisco Networking Academy.

http://www.cisco.com/c/m/en_sg/partners/women-rock-it.html

Defence Jobs Info Sessions

<https://www.facebook.com/pg/DefenceJobsAustralia/events/>

For STEM students - extra 200 places at NYSF 2018

Applications for National Youth Science Forum 2018 are now open. Applicants should be passionate about science/technology and interested in learning about study and career options in wide range of STEM fields. Up to 600 places available in 2018 - program runs in January before year 12. Closes 31 May. <http://www.nysf.edu.au/>

SCHOLARSHIP INFO SESSIONS

Year 12 students / Parents and Carers are invited to attend the University of Sydney Scholarships Information Evening to find out more about the scholarships and awards. Attendees will hear from current students and staff about a range of scholarships including Sydney Scholars Program, Residential College scholarships and the Elite Athletes Program. Those attending will also hear tips on how to write a competitive application and about the internship, networking and leadership opportunities available to recipients.

- Date: Tuesday 20 June
- Time: 6 - 8pm
- Location: Darlington Campus
- Registration: sydney.edu.au/scholarships-info-evening

Further Information: Parents are advised that they can contact me if they wish to get further information or discuss Careers matters. **Mr G Spetere - Careers Adviser**

Ph 95607299 ext 232 / graham.spetere@det.nsw.edu.au



NOTE FROM THE P&C PRESIDENT

As we slowly move into the middle of the year, we are in preparation for a busy term 3 and 4. We will need many hands and look forward to meeting many new parents at our upcoming events later in the year including: DHSVAD Cake stall and Art and craft market at the Dulwich Hill fair, the Trivia Night and the election BBQ.

We will also be reminding you in the lead up to the end of financial year to help build our goal to create the Dully Grind Cafe, a fantastic new school initiative to give real work skills to our students.

We also have our official launch of the Music Faculty upgrade with some special guests. A perfect example of what can be achieved with teachers who have visions, an executive that wants to support them and a P&C that actively contributes to making it happen..

Jo BOAG



P&C

THANKYOU

Thanks to parent Glenn Stewart who answered our call out for an electrician/safety officer and tested and turned on our newly donated fridge from parent Sharon Samuel.

This will make preparing for our bbq's and events a lot more efficient and easy to run. We have so many skills in our community, and you can contribute in many ways!

Never far from the tree...

AN EXHIBITION OF ARTWORKS
BY DULWICH HIGH SCHOOL
PARENTS & CARERS

June 21st - June 25th

Seaview Gallery.

Expressions of interest have closed. Thankyou to the 24 artists who registered their interest, we will have a wide range of work with mostly new artists. If you missed out this year, or were not sure if you were ready to show any work, make sure you come along to the opening to see the work and be inspired to take part next year.

We are currently working with the artists to select work and will be sharing the new poster shortly.

FRIDAY NIGHT TRIVIA FEVER

VOLUNTEER CALL OUT

We have had our first meeting and will soon be calling out for helpers to gather great items and donations for our silent auctions.

If you have any ideas on ways to help fundraise on the evening we would love to hear from you.

drop us a line to let us know you can be involved on :

pandodhavad@gmail.com

Dulwich Hill Real Estate agents Century 21 have for many years been generous supporters to our school, and amongst other donations helped to launch our Building Fund with a much appreciated starter donation of \$1000, in 2015.

As a new initiative, they are keen to donate 5% of their total commission from every sale referred by the school. So if you, or someone you know is thinking of selling call them on 8507 8070, and mention you were referred by DHSVAD P&C.

Century 21
SYNERGY

**IT'S FINISHED
COME AND HAVE
A LOOK AT A GREAT
INITIATIVE
BETWEEN THE P&C,
LOCAL COMMUNITY AND
OUR SCHOOL.**

Our fully functioning rooms are ready to be launched, we will be joined by Jo Haylen Summer Hill member and Paul Kougias from CHPRSL who contributed to this exciting new part of our school.

We welcome all who are interested in joining us to celebrate.



Dulwich High School
of Visual Arts & Design
& DHSVAD P&C

Join us in celebrating this exciting upgrade to our school and help us say thanks to all those who made it possible.

A performance from our chamber group and a tour and demonstration of the rooms will be followed by some afternoon tea.

Please arrive by 4:15pm

RSVP by June 5th
pandcdhsvad@gmail.com

GRAND OPENING

PLEASE JOIN US FOR THE
OFFICIAL OPENING
OF THE DHSVAD MUSIC
FACULTY UPGRADE ON
THURSDAY 8TH JUNE
AT 4:30 - 5:30PM

BUILDING FUND

Thanks to the families who have started the donations for this years drive.

As we approach the end of financial year, this is a great time to support your school. We have been slowly building the fund and we now have a clear goal for this great opportunity created by the school.

If every family donated just \$50.00 for their Tax Return, we could increase the fund by \$30,000, and be able to start the cafe after this financial year.

ALL DONATIONS ARE TAX DEDUCTABLE

Donate direct to
DHSVAD P&C ASSOCIATION SCHOOL BUILDING FUND

BSB - 062 158
ACCOUNT 1040 4419
email for receipt: pandcdhsvad@gmail.com

THE DULLY GRIND CAFE

\$20,000

\$6,100

HELP US GROW

TAX DEDUCTION
approved for
EOFY tax returns



NEXT P&C MEETING WED 14TH JUNE 7PM

Due to the parent exhibition and gallery availability, the next P&C meeting will be held a week earlier - thank you for your understanding.



P&C

**BE PART OF YOUR CHILD'S
HIGH SCHOOL COMMUNITY...**

CONTACT US...

EMAIL

pandcdhsvad@gmail.com

FACEBOOK

[pandcassociationDHSVAD](https://www.facebook.com/pandcassociationDHSVAD)

From the Support Faculty

Autumn is the time for planting

This term the students have been spending time developing the support unit's garden. They have been learning how to take care of plants and seeing results when they sprout and start to grow. The students enjoy spending time in the garden and are very enthusiastic. The students have also been learning about living things and the local environment and the importance of taking responsibility for something that is living...like their new vegie patch! A lot of time has been spent weeding and planting and now waiting...



Fun at the Easter Show

This year the support unit visited the Sydney Royal Easter Show. After travelling by train the students made their way into the show and quickly became excited to visit the various farm animals. They saw chickens, ducks, turkeys, pigs, sheep, goats and cows. The students were excited and brave as they met each type of animal. After this they got a show bag each and independently bought lunch. We had a fun day on the last day of school Term 1.



A big thankyou to the staff and students who also braved the show bag arena!!

Ms P Carr
Head Teacher
Support Unit



Sports Report



Athletics

Sport at DHSVAD has had an excellent start to Term 2 with the whole school athletics carnival being completed in the first couple of weeks of the term. All students attended the annual school athletics carnival that was held at Sydney Olympic Park.

16 boys: Max McConkey and Sandro Martinez
17 boys: Oliver Brownbill and Dylan Figueira



Big congratulations to all students who participated in the events and represented their house. In particular, I would like to congratulate the following students for receiving the title of age champion:

- 12 girls: Eloise Collins
- 13 girls: Fanua Simati
- 14 girls: Anna Alexanderova
- 16 girls: Georgia Sheard
- 17 girls: Rebekah Blair
- 12 boys: Miles Azuma and Marco Blanda
- 13 boys: Lez Morgan
- 14 boys: Riley Gavan
- 15 boys: Jet Wood





Cross Country

On 26th May, we will have a strong team of students representing DHSVAD at the Bligh Zone cross-country carnival held at Sydney Park. Good luck to the following students:

- Riley Gavan
- Rebekah Blair
- Casey Stone
- Angus Simpson
- Velvet Steele
- Jonty Pipe
- Charlotte Hughes
- Mayumi Kelly
- Georgia Sheard
- Dominic Lombardi
- Isabella Obuzome
- Lily-Rose Raposo
- Alex Gosling
- Oscar O'Donnell
- Vee Jei Choi
- Zoe Davies
- Jaali McNamara
- Ethan White
- Hyunwoo Kim
- Solomon Pascall
- Miles Cole
- Aydin Aslan
- Ryan Fitzpatrick
- Ethan Azariah
- Alanna Howe
- Jarvis Ayres
- Max Zanni
- Andres Trevino
- Angela Lin
- Dylan Perrott
- Jessica Ngo
- Theresa Ham
- Alec Mills

A reminder to all students in Years 7–10: Winter sport has started this term and will continue until the beginning of Term 3.

Ms Kurtulmus
Sport Coordinator



Music News



ENSEMBLE NEWS

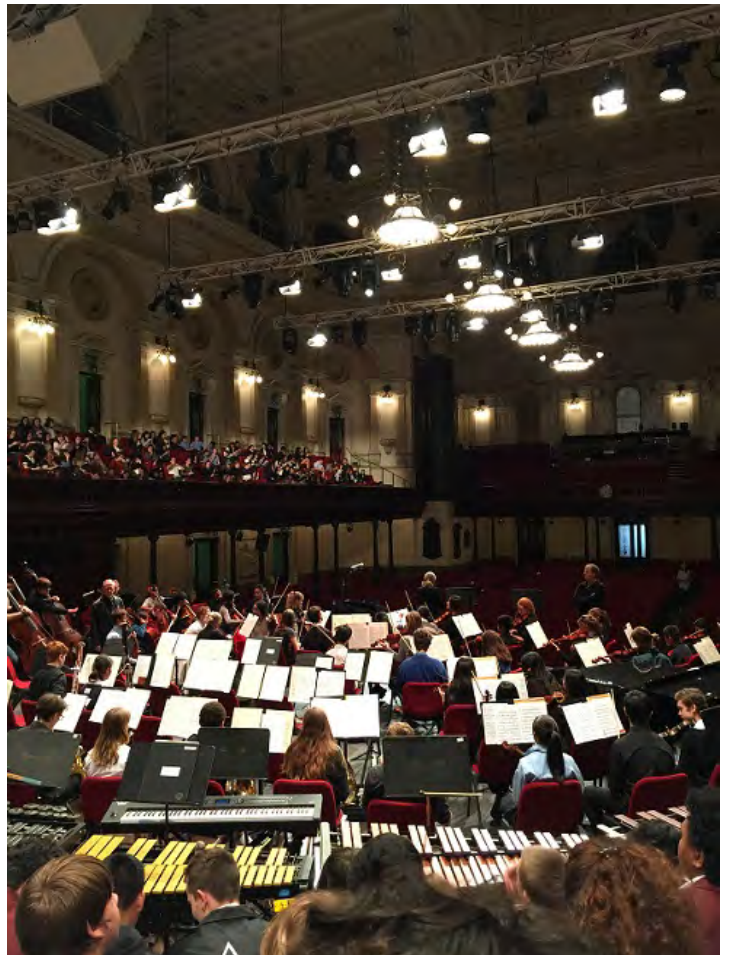
Music Term 1 and 2 of 2017 had some interesting music-making opportunities for our students. The concert band and vocal ensemble performed music including the national anthem during the ANZAC assembly in April.

The vocal ensemble participated in *In Concert* on Monday 15 May 2017. *In Concert* is a multi-school choir performance concert organized by The Arts Unit. It took place in the iconic Sydney Town Hall. The choir was accompanied by an orchestra and guest artist, Felix Riebl from The Cat Empire. Felix performed two songs with the choir, including 'Steal the Light'. The choir was made up of 650 young singers.

The vocal ensemble has been attending rehearsals at Salvation Army Hall in preparation for the concert. Accompanied by Mr Benny Ng, they've also gone on two excursions to Hyde Park for the rehearsals. On performance day, the choir had a final rehearsal, led by Elizabeth Scott from The Arts Unit. Also representing DHSVAD were Audrey and Hayley in the Arts Unit Singers and cellist XXX in the Arts Unit XXXX

'Requiem in D minor', 'Jandamarra', 'Miserere' and 'Steal the Light' formed the choir's performance repertoire on the night. All who participated had a wonderful experience. Among the audience was Ms Carmel Taylor, head teacher of Music. She complimented the choir as a whole on a wonderful and engaging performance.

You're invited– Please see the attached invite and come along!



Japanese Story

Welcome back to Japanese for Term 2! We hope all of our students and their families have had a relaxing and fruitful autumn break.

In the last holidays the Japanese faculty and 28 students made the journey across the ocean for our bi-annual Study Tour. We spent ten exciting days in Japan immersed in the language and culture. Students travelled through Tokyo, Shiga, Hiroshima, Kyoto and Osaka, and experiencing temples, museums and even a two-day homestay with local families.

"I really enjoyed the homestay," says Giulio Popoli of Year 9. "I found that it developed my Japanese much more than I originally anticipated," enthused Anton Cecire, also Year 9. The students returned with full suitcases and full brains, and their sound sleep on the plane home was a reflection of how much they had seen and done in such a short time. Students currently in Years 8 and 9 who are interested in participating in the next trip (scheduled for 2019) can register their interest next year.

We also have several exciting events coming up in Japanese this term. The Annual **Manga Competition** is open for submissions; this time with a focus on original characters. Students can enter one of two categories, and there are prizes available across all year groups. Interested parties can grab an entry form from one of our Japanese teachers. Submissions due by June 9th.

The **Art Speaks Japanese contest** is also on; students can create an original artwork inspired by aspects of Japanese culture or by specified stimulus artworks. For more details, contact Mr. Forrest in the Japanese/Visual Arts staffroom. Finally, our friends from the Onigiri Taishi friendship group in Japan will be paying the school a visit again later in the term. This is a valuable experience for our students, who will be able to interact with and talk to Japanese students their own age. Keep an eye out next issue for photos from that event.

Mr Sun Japanese Language Teacher



Out and about in Japan

At the Library



On Tuesday 28th March, 2017 students from year 10, 11 and 12 attended the Marrickville Library Essential Study Skills Workshop at Marrickville Town Hall. The workshop was held by Christopher Lyons and focused on memory skills and speed reading. Students learned how to create visual representations of facts so that they can recall large amounts of information quickly and reliably. Students also were taught how to improve their reading speed so that they may study more efficiently. Students engaged with the workshop enthusiastically and afterwards many students stated that they really enjoyed and valued the day's activities.

Mr Robson – Librarian

Year Reports

Year 7

Year 7 have had a busy term already- there has been the School Cross Country carnival, the Athletics Carnival, Peer support lessons, Parent -Teacher nights and also, very recently, Naplan. For many students these tests last week were an anxious time. Year 7 have been encouraged to focus on their effort rather than their results, to take comfort in the fact that they were all in it together. They have attended normal classes around the tests. We have been impressed with their focus and behaviour over the past week as they have applied themselves in a calm and engaged manner.

In Week 5 of Term 2 Year 7 will have the chance to watch an educational performance by 'Bully Busters' and notes should be returned to the school reception by the end of Week 4. 'Bully Busters' have successfully worked with our Year 7 cohort before and are able to engage students on a level that they understand while also conveying clear messages about friendships and safety. Please encourage your child to return their permission slip to main reception

This workshop follows on from our session with Youth Liaison Officer Constable Kelly from Marrickville area local command who spoke to students about cyberbullying and the law at the end of Term 1. We aim to create a safe and nurturing environment for all year 7 students and these education programs are designed to support our school values.

All students should have their student ID cards by now and also have taken home their school photos.

Year 7 have loved their Introduction to Project Based Learning. There have been many laughs, opportunities to engage with each other creatively and to develop critical thinking skills. Students started the year exploring the concept of 'Play' and have now moved onto developing ideas for their first mini-projects.

"Making the supernatural themed board games was fun and we got to be creative as a really large group" said Josephine

McMillan. Riley Jackson agreed: "Making the board game was so much fun - we made a game a bit like monopoly" Staff have been delighted with the commitment, enthusiasm and creativity shown during these important group sessions.

Ms Kyriacou
Year 7 Advisor



Students during Project Based Learning time

Year 11

Half-way through the three terms that are the Year 11 course and the students are now experiencing the rigors of senior study. Having survived their first real hurdle; the mid-course exams, students have settled into a routine of classes, study and socialising that will see them through to the end of high school. Most students can now gauge with some sense of accuracy the demands of their final years at 'Dulwich'. The plethora of new knowledge and skills acquired in their penultimate year has been palpable. So, what advice can we provide? Here's a few that have resonated well with students in the past.

1. **Set routines.** Revision and study become more important in senior years because of the summative examinations at the end of the year. John Hattie, an 'in-vogue' education specialist reminds teachers and students alike that it is better to revise material regularly throughout the year rather than trying to cram before an exam. This allows for deeper transference of knowledge and is more easily recalled come exam time. Set these up in Year 11 so you don't need to think about it next year.
2. **Find a balance.** It has been proven by psychologists that our brains work better after physical exercise. Too often, students neglect a healthy lifestyle in favour of spending more time in front of a screen. How much exercise do you get each week?

3. **Not all screens are the same.** As teenagers, most students are 'connected' almost the whole time they are awake. Gaming and social media are active/interactive mediums that do not allow your mind to relax. Television, on the other hand, a passive form of relaxation allows your mind to escape and release tensions, allowing you to relax quickly. Now I'm not suggesting you binge on a whole Netflix series, just that next time you choose a screen, think about how much you'd like to relax.

4. **Sleep is KING.** Too often, due to pressures from school, students neglect sleep. Whether it is issues getting to sleep due to late-night screen use, or staying up late finishing that darned English essay, it makes a significant difference to how you feel and react to situations the next day. Tired students are irritable and less-likely to absorb material from lessons. Not to mention that your average teen need more sleep than any other mere mortal!

5. **Find a study-buddy.** One of the best ways to study is with someone who is going to push you to improve. Together, you can have friendly competitions in assessment tasks, identify areas of improvement, share notes and swap study tips/tricks – it's a win/win situation. It's time to put aside your ego, accept realistically where your skills and knowledge are at, so that you can do your best. P.S. – avoid working with friends that easily get distracted!

6. **Trust your teacher.** Your teachers are experts in their fields. Do everything they ask of you. You may not see the benefits immediately but they are trying to help you to achieve your best. Sometimes, as seniors take more and more control of their learning (and their lives), they prioritise assessments above the rest of their learning. This is ill-advised and a trap. Yes, the HSC examination is important, but the more students engage with their courses and the more they immerse themselves in their learning, the deeper their knowledge and understanding will be. This point also refers to attending classes. Students must catch-up on missed work, however, nothing beats being there in person.

Have a plan if you get stuck. If you hit a roadblock in your studies, have a plan on how to work it out. Revise notes, look at the problem from a different perspective, ask a critical friend and if you still don't know, ask a teacher. Generally, teachers will prioritise senior students. If you feel you don't understand something, speak up. We might not have time when teaching a whole class, but teachers will often make time outside of class to ensure you're up-to-date.

Mr Tari

Year 11 Advisor



Year 12

Students have been working hard throughout their final year of school and they are to be commended for their effort. At the end of last term, they were introduced to a mentoring/coaching initiative that has been designed to support them in the final stages of their HSC year. Students were given the opportunity to select a teacher mentor who they meet with informally to talk about their progress and any concerns they have about school. Coaching consists of structured sessions with groups of students, led by a head teacher, whereby students participate in activities that focus on identifying strengths and goal setting.

Students are reminded to keep on track by completing their homework, studying, and assessment tasks. If students are beginning to feel overwhelmed by the work and upcoming exams, they are encouraged to speak to Ms Kurtulmus (Year Adviser), Mr Davis (school counsellor), Mr Hoycard (Head Teacher Teaching & Learning), or any other staff member they feel comfortable discussing their issues with.

Ms Kurtulmus

Year 12 Advisor

Ms Karamitsos

Stage Coordinator Yrs 11 & 12

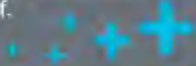
From Our School Counsellor

Tips for a healthy headspace



Change your self-talk

Self-talk is the way that you talk to yourself, that voice inside your head. It can be positive (e.g. "I can make it through this exam") or negative (e.g. "I'm never going to be able to pass this subject"). There are a number of things you can do to change the direction of your self-talk. First, listen to your inner voice – is your self-talk helping you or reinforcing bad feelings? Next, try to replace your negative thoughts with more realistic ones. Try to look for a more rational spin on your situation or think of strategies to tackle your problems, rather than giving up hope. By working on your self-talk the more you'll feel confident and in control of yourself.



Develop assertiveness skills

Being assertive means standing up for your own rights; valuing yourself and valuing others' opinions without letting them dominate you. This can help build your self-esteem and self-respect. Being assertive is not the same as being aggressive. Remember to always listen, be prepared to compromise and be respectful of the other person's opinion, while still being confident, calm and knowing what you want.

Relax

There are many ways to relax and different relaxation techniques to use to overcome stress. Progressive muscle relaxation involves tensing and relaxing specific groups of muscles from your feet all the way to your head, while focussing on your feelings of tension and relaxation. You could also try breathing techniques, such as deep breathing or focussed breathing (breathing in through the nose and as you breathe out say a positive statement to yourself like 'relax' or 'calm down'). Place a hand over your diaphragm to make sure you're breathing slowly – you should feel your hand move if you're doing it right. Focus on breathing in slowly for 4 seconds, holding your breath for 2 seconds and breathing out slowly for 6 seconds.



Practice conflict resolution

Having a hard time with friends or family is difficult for most people. Talking through the issues in a calm and thoughtful way is the best approach. Avoid getting personal, be willing to compromise and listen to their perspective.



Help and be kind to others

Do something to help someone else. Acts of kindness help other people but also make you feel good. Give a compliment, offer to help someone out or volunteer either on a once-off project or an ongoing basis and allow yourself to feel good for making someone else feel good.

Be socially active and get involved

Social relationships are really important to your general wellbeing. It is okay to take time out for yourself but friends can provide support when you're having a tough time. Spending time with friends is also really important for keeping and building on existing friendships. Getting involved with volunteer work, hobbies, clubs or committees, or sports can help you feel connected to your wider community while also meeting new people. If you're not feeling up to going out, even a phone call, email, text message or Facebook message can help us feel connected to friends and family.

Play



Play is important for staying mentally healthy. Devoting time to just having fun can recharge your battery, revitalise your social networks, and reduce stress and anxiety.

Seek help



A problem can sometimes be too hard to solve alone, even with support from friends and family. Be honest with yourself about when you may need support and get professional help. You can see your general practitioner (GP), make an appointment to chat to someone at your local **headspace** centre or visit eheadspace.org.au. Finding help might feel scary at the start but it gets easier over time. Getting support can help you to keep on track with school, study or work, and in your personal and family relationships. The sooner you get help the sooner things can begin to improve for you.



headspace

National Youth Mental Health Foundation

For more information, to find your nearest **headspace** centre or for online and telephone support, visit eheadspace.org.au

Roles and Responsibilities

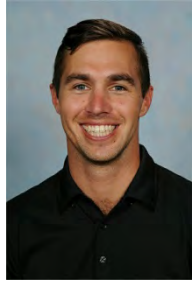
Parents and Carers: we encourage you and the students to get to know the Dulwich High School of Visual Arts and Design – Student Advisors and Stage Coordinators.

Year 7 Year Advisor

Ms Kyriacou

Assistant Year 7 Advisor

Mr Manning



Year 12 Advisor

Ms Kurtulmus



Year 8 Year Advisor

Mr Cutrupi



Supervisor of Female Students

Ms O'Donnell



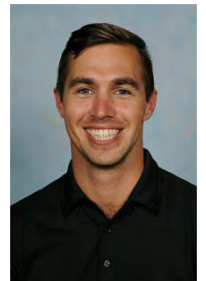
Year 9 Year Advisor

Mr Pavlovic

SRC Coordinators

Ms Stojanoska

Mr Manning



Year 10 Advisor

Ms Abihanna



Prefect Coordinator

Ms Howard



Year 11 Advisor

Mr Tari

P/T Student Support Officer

Mr Laris
(Tuesday & Thursday)





act, create, communicate

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and communication skills.

Enrolling now for students aged 5 to 17.

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Studio Location:

Marrickville

**Contact the Principal
Mel Duke
Call – 02 9787 2363**



This is a paid advertisement

From Administration

LMBR – the transition

The Administration office would like to advise that the school is transitioning to the new administration and finance platform LMBR now being employed in all government schools. We request that parents and carers please **finalise all outstanding fees** as a matter of urgency so that these accounts can be settled before final online implementation.

School Fees - How do I pay?

PAYMENTS TO DHSVAD CAN BE MADE:

IN PERSON: By Student or Parent/Carer at Cashier in general office by cheque, cash or EFTPOS

BY MAIL: Cheque only

PAYMENT ENVELOPE: completed school payment details – cheque, cash, credit card details

OVER PHONE: Payment details can be made over phone to Cashier (Office) – full details required

POP ONLINE PAYMENT: via the school web page – <http://www.dulwich-h.schools.nsw.edu.au>

PLEASE NOTE: Payments made after due date will not be accepted.

Student Travel

There are now around half a million students travelling to school free of charge under the School Student Transport Scheme. Below are some additional updates to assist students and schools:

School holidays

A reminder for students: The School Student Transport Scheme doesn't cover travel during school holidays or on weekends.

In Opal areas, students may see "reason codes" on Opal card readers if they use their School Opal card during these times. Please see the table below for reason code explanations. School Opal cards will be reactivated at the start of Term 2.

CARD NOT VALID 65 The card is not approved for this service

CARD NOT VALID 70 The card is not valid for this date, e.g. is being used outside school term

CARD NOT VALID 72 The card is not valid for the current day type, e.g. is being used on weekends

Students changing school

If a student is changing or leaving school; parents, guardians or students can go online at transportnsw.info/school-students and update their details.

School Attendance

Any parent/carer communication regarding student absence/late to school/early leaver please use the following email address. dulwich-h.admin@det.nsw.edu.au

Uniforms

Do you have any uniform items you no longer need? Please consider donating them to the 2nd Hand Uniform Retail Shop at school. You can drop them off at Reception and they will be gratefully received. Thank you!

Equipment for sale

Do you need a scientific calculator or USB? We have **calculators** for sale (\$20) and **USBs** available (\$5). Please visit the Finance area in Admin to make your purchase.

LOST PROPERTY!!

A reminder to PLEASE write students' names on clothing and other items. Anything with a name will be returned to its owner! There are currently many lunchboxes, drink bottles, shoes, jackets and caps in Lost Property – now being housed in the Attendance Office. Please send students to the office to collect their missing items.



DHSVAD is a proud supporter of Street Smart local Handbook. Check out the copy in Attendance – it's a great resource on health, work, cyber-smarts, driving & more.

DHSVAD
Admin
Team



Calendar of Events

TERM 2, 2017

Mon May 29	Yr 8 Cyberbusters
Tues May 30	Assembly – Sorry Day
Thurs June 1	Year 11 Mathematics assessment due
Thurs June 1	Year 12 Mathematics in class task
Sat June 3	Year 12 Japanese Continuers Workshop 8.30 – 12.00 Nth Syd Boys High
Mon June 12	Queen's Birthday holiday
Wed June 14	Sydney East Cross Country Carnival
Wed June 14	P&C Meeting 7pm Changed from the usual 3rd Wednesday.
Thurs June 22	Blight Zone Athletics Carnival
Wed June 28	Year 12 Mentoring period 3 Library
Fri June 30	Last day of term
Mon July 3 – Fri Jul 14	School holidays

TERM 3, 2017

Mon July 17	Staff Development Day
Tues July 18	Students return to school
Tues July 18 – Fri Jul 28	Year 12 Trial HSC
From Tues July 18	Design Month
Wed July 19	P&C Meeting 7pm
Wed August 9	Year 8 Gala Day
Wed August 16	Subject Selection 5.45pm – Year 8 Design Exhibition 6.30pm 7pm Year 10 P&C Meeting 7pm
Tues August 22 – Fri 25	Ski Trip

Fri August 25 Diversity Day/Wear it Purple
Mon August 28-Fri Sept 1 SASS Recognition Week

Wed August 30	Year 7 Gala Day Years 7 – 11 Parent Teacher Night 3.30 – 7.00pm
Mon Sept 4 8	Year 10 VALID Science & Tech Test
Tues September 5	High School Experience
Thurs Sept 7-Fri Sept 15	Year 11 Exams
Sun September 10	Dulwich Street Fair
Tues September 12	High School Experience
Wed September 13	Year 7 Gala Day back up day
Thurs September 14	Year 12 Mentoring Period 3
Tues September 19	High School Experience
Wed September 20	Year 7 Vaccinations
Wed September 20	P&C Meeting 7pm
Fri September 22	Last day of term
Mon Sept 25-Fri Oct 6	School Holidays

TERM 4, 2017

Mon October 9	Staff and Students return to school
Wed October 18	P&C AGM Meeting 7pm
Fri October 27	World Teachers Day
Wed Nov 1 to Fri Nov 10	Year 8 VALID Test
Mon 13 th Nov to Thurs 16 th	CrossRoads
Fri November 17	Year 10 All My Own Work
Mon Nov 20 – Fri Dec 1	Year 10 Work Experience
Fri December 15	Last day of the school year



Dulwich High School
of Visual Arts & Design

Uniforms

UNIFORM SHOP

For information and telephone orders call 9905 2711 or visit www.youruniformshop.com.au.

Regular opening hours during school term are:

Monday 1.00–2.00pm

Thursday 8.30–10.00am

Check our school website for uniform options:

www.dulwich-h.schools.nsw.edu.au/home

Please remember correct school uniform is compulsory.

Did you know in addition to the onsite Uniform Shop selling new uniforms, DHSVAD has a Retail Store run by Yr 11 & 12 students selling 2nd Hand Uniforms? The Dully 2nd Hand Uniform Shop is open at various times giving Retail students the experience of working in sales, so please support our students by purchasing 2nd hand uniforms – and help the environment

**DHSVAD 2ND HAND
UNIFORM SHOP**

(Is in the Retail Room/E029c)



SECOND CHANCE



FIND A UNIFORM



Hours of Operation:

- From 7:30am->8:45am, and lunchtime on Tuesdays, Thursdays and Fridays only.



I Love
Second
Hand Stores

IMPORTANT - SAFETY

Dear Parents/Guardians,

Please support the safety of all our students by driving and parking with consideration around the school. We suggest dropping off students several streets away to reduce traffic. Please also be aware that infringements are policed and enforced by Council Parking Officers. Please always drive and park sensibly around schools.

Offence	Penalty Amount	Demerit Points
Disobey No Stopping Sign-School Zone	\$325	2
Disobey No Parking Sign-School Zone	\$180	2
Stop on/near Children's Crossing-School Zone	\$433	2
Stop on/near Pedestrian Crossing-School Zone	\$433	2
Stop on/near Marked Foot Crossing-School Zone	\$433	2
Stop in Bus Zone-School Zone	\$325	2
Double Park-School Zone	\$325	2
Stop on Path/ nature Strip in school zone	\$180	2
Stop on or across driveway or block access to a property in School Zone	\$180	2

News and Events



Dulwich High School
of Visual Arts & Design
& DHSVAD P&C

Join us in celebrating this exciting upgrade to our school and help us say thanks to all those who made it possible.

A performance from our chamber group and a tour and demonstration of the rooms will be followed by some afternoon tea.

Please arrive by 4:15pm

RSVP by June 5th
pandcdhsvad@gmail.com

GRAND OPENING

PLEASE JOIN US FOR THE
OFFICIAL OPENING
OF THE DHSVAD MUSIC
FACULTY UPGRADE ON
THURSDAY 8TH JUNE
AT 4:30 - 5:30PM

Parenting support

ParentWise

How to keep calm and connect with adolescents



FREE parenting course

Good Shepherd is offering a six-week parenting course for parents and carers of 12-18 year olds. This course helps take some of the stress out of parenting.

ParentWise is facilitated by experienced Adolescent and Family Counsellors.

This is a great opportunity to learn

- Evidenced-based strategies from the latest research on parenting by adolescent neurobiology specialists
- How to connect with your adolescent based on their stage of development
- How to take a positive approach to discipline and communicate effectively with your child
- Parenting styles and reflect on your role as a parent

Registration is essential

Please contact Anne-Marie Taylor by phone on 8571 7800 or email AnneMarie.Taylor@goodshp.org.au

What parents say about ParentWise

"ParentWise helped me to change my perspective and helps me to keep calm when dealing with my child."

"ParentWise gave me more ways to connect with my children and how to talk to my teenagers."

Program details

WHEN

Friday mornings, 9:30 – 11:30am
One session per week for six weeks, from 19 May to 23 June, 2017

WHERE

Good Shepherd Australia New Zealand
440 Marrickville Road, Marrickville

440 Marrickville Rd, Marrickville NSW 2204
02 8571 7800
AnneMarie.Taylor@goodshp.org.au
www.goodshp.org.au

Good Shepherd
Australia New Zealand

The eSafety Commissioner has a range of resources for parents at
<https://www.esafety.gov.au/about-the-office/resource-centre>

Enrol Now!

Available to all High School Students
(Government and Non-Government Schools)



The Saturday School
of
Community Languages



Free, Board of Studies Accredited Courses Year 7 to HSC
Qualified Teachers – Approved by DEC

Bengali Hindi Khmer Polish
Serbian Spanish (to Extension level)

<http://www.sscl.schools.nsw.edu.au>



Liverpool Girls' High School Centre
Forbes Street, Liverpool. Ph/Fax 9822 5423 (Saturdays)



Enquiries during the week: 9244 5315



Education