

SEAVIEW

ISSUE 1, 2020

From the Principal



Ms Connie Alves

Welcome back to 2020 Academic Year

Congratulations Year 12, 2019 for outstanding results. Many students achieved their personal best, including many offers to universities. Well done students, parents & staff! We started the year welcoming Yr 7 with a P&C BBQ. Thank you to the P&C for this initiative. Year 12 have had parent/teacher night. A resounding success for all that attended.

Homeroom is a new initiative to support the wellbeing of all students at school and beyond. A specific program has been written, catering for different stages of development. Homeroom, takes place every morning throughout the week. The teacher is another resource and support for students, who will work with their class, building relationships throughout the year.

The uniform is looking great. Great effort from our parents & students, for ensuring we have a school of which we can be proud and where we convey to the community our identity and belonging. Families needing an extra uniform, please see reception if there are any pre loved items available. Winter is coming, so please be ready with warm options.

I would like to acknowledge the outstanding achievement of Sophie Patulny in Yr 8 who is a shortlisted winner for her article, "Earthians" for the 2020 Somerset National Novella writing competition.

We are fortunate enough to have a full time Counsellor & three Deputy Principals for 2020. Mr Davis, looks after (Yr 7, 8 & 9), Mr Taylor (Yr 10) and Ms Dracopoulos (Yr 11 & 12). They have a portfolio that they are leading in the school including student management.

Consider joining & or contributing to our P&C led by Jo Boag (P&C President). Parenting is busy work, but if you can spare some time, bake a cake, cook a sausage or donate to the P&C Building Fund (tax deductible) or pay the P&C contribution fee on your school statement. All funds come back to the school to enhance initiatives and projects. They are an amazing group of committed parents who would love to hear from you is some capacity.

Download the Enews app or subscribe through our school website for current & up to date information. Check the parent portal.

Looking forward to the year ahead.

What's on?

Mondays
Homework club
3.00 - 4.30pm
Library

Fridays
Craft club
Lunchtime AR1004

Wed Mar 4 - 6 2020
Yr 7 Camp

Mon Mar 9 - 27 2020
ART Month

Wed Mar 25 2020
ART Month Exhibition

Wed Apr 1 2020
P&C Inside ARTEXPRESS

Thu 9 Apr 2020
Cross Country Carnival
Last day of Term 1

Tue 28 April 2020
First day of Term 2

Have you
downloaded our free
school app?



Easily access all
newsletters, notes, notices,
reminders, events and
receive emergency alerts.
Download the App. by
searching 'Dulwich High
School' in the App store.

From the Principal

School Uniform

All students must wear the school uniform everyday, including proper foot wear.
 Do not purchase items or wear clothing items that are NOT on our Uniform List.
 Sports uniform for Year 7, 8,9 and 10 only on Tuesdays.
 Students are to change for PE, SLR before class.

Junior School Uniform



Senior School Uniform



EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!



From the Deputy Principals

A warm welcome to all our returning students as they progress in their education and a special welcome to our new Year 7 students and parents.

As the third year in the planning cycle we are looking to see improvements across the school in learning, creativity and wellbeing. Particularly, in the area of Visible Learning, teachers are continuing to engage in professional development and looking for opportunities to use their learning and improve outcomes with their students.

At the start of each year, there is important information for parents to receive and for us to receive from parents. Please note the following items below:

HSC Information

The school has held information evenings for both Year 11 and Year 12 cohorts. These presentations are designed to inform students and their parent/caregivers about the requirements of the HSC/ATAR and admission to University, TAFE and early offers. We encourage students and their families to attend these sessions to be clear on NESA requirements, the school assessment policy, school support and post school pathways.

Health Plans

Should your child be diagnosed with a **severe allergy or anaphylaxis**, please ensure you attain an **ASCIA plan** from your treating doctor and provide it to the school immediately with any necessary medication.

Further details on Allergies and Anaphylaxis can be found @ <https://allergyfacts.org.au/>. We are strongly committed to the health, safety and wellbeing of our students at this school.

All students who suffer from severe allergies or anaphylaxis should have already provided an ASCIA plan and prescribed medication to the school, if not, please do so.

Students are to carry their own EpiPen or asthma reliever with them at all times including, to and from and at school each day. This is to ensure their safety and wellbeing. Additional student EpiPens are stored in the Student Administration office for school use.

Attendance

Regular attendance at school is essential to assist students to maximise their potential. All students who are enrolled at school, regardless of their age, are expected to attend school everyday on time. If your child is absent and or late or leaving early - a written note needs to be signed by parents and submitted before 8:45am to the Attendance Office. It is important that all absences are explained as soon as possible in writing, within 7 days of the absence. Please note that attendance, including lateness is reported on the school reports.

A reminder to students seeking to take leave for a holiday will need to seek approval from the Principal prior, so that the absence is considered exempt. This is particularly important for Year 11 and Year 12 students who may have assessment tasks due and mandatory hours that are required to be met. It is not recommended that Yr 11 & 12 students take extended leave.

Please refer to the DOE Policy for further details:

https://detwww.det.nsw.edu.au/policies/student_admin/attendance/sch_polproc/PD20050259_i.shtml

"Every day Counts" (see opposite page) Absences have an impact on learning, engagement & success. Be ready, be on time = success!

The Deputy Principals have engaged in professional learning with Michael Hawton to help our understanding of cognitive development in teenagers. Please see a helpful article for parents from Michael provided in this newsletter.

From the Deputy Principals

Ms G Dracopoulos
Deputy Principal
Years 11 and 12

Mr C Taylor
Deputy Principal
Year 10

Mr N Davis
Deputy Principal
Years 7, 8 and 9

Counselling service



In 2020, Dulwich High School of Visual Arts & Design, welcomes additional counsellor time. The School has now the equivalent of 1 full time position, a significant increase in time.

Ryan Saunderson, who was appointed at the commencement of term 4 last year, will be at the school on a Monday, Wednesday, Thursday and Friday. He will be supported by an experienced counsellor, Josephine Rynsaardt (Jo), who will be working on Tuesday and every second Wednesday (even weeks).

There has also been an office move for the counsellors. They are now located next to the HSIE staff room.

The school counselling service is confidential unless there are safety concerns, which is explained to all students accessing the service.

From the fire comes hope and new life

Recently, I had the opportunity of supporting students and staff who live in the areas impacted by the bush fires that threatened so many towns over the summer. Whilst some of the stories told were gruesome, the Australian bush itself, with its remarkable ability of growth, offered a beautiful metaphor for life. That is, throughout life, bad things will happen; however, there is always the possibility of growth and new life. Sometimes that growth occurs with the support of others. Being connected to others and having a sense of belonging is one of the greatest buffers we have when bad things happen.

The Counsellors

From the Office

Thank you to all those parents / guardians who have paid their school fees. Also thank you to those who have been in to see us regarding setting up a payment plan – we hope this helps your financial situation. We will continue to email statements twice a term for your information or for those on a payment plan fortnightly. Occasionally we will forward statements for specific courses or excursions that are urgent. Anyone who has any queries, please do not hesitate to call the office and speak to Sally Ann Copp (Business Manager) or Christine Humphrys (School Administrative Manager).

We will soon be forwarding your student's details including addresses, phone numbers etc; if any of these have changed we need to know in cases of emergency. We will ask you to mark as correct or change anything required with a red pen.

If you do NOT wish your child to be photographed, or published on the website or other social media. This would have been requested at time of enrolment, but if it has changed in any way, let us know.

Ms S A Copp
Business Manager

Technology @ DHSVAD

Did you know?

That you can view and download important forms from the school website visit:

www.dulwich-h.schools.nsw.gov.au

You can submit absentee notifications via our messaging app Enews

- Download the App by searching for 'Dulwich High School' in the App Store.
- Use your finger to digitally sign the form and submit – it's that easy!

Sentral Parent Portal

Bookmark the login link for easy access to the portal:

<https://web2.dulwich-h.schools.nsw.edu.au/portal/login>

Contact Details

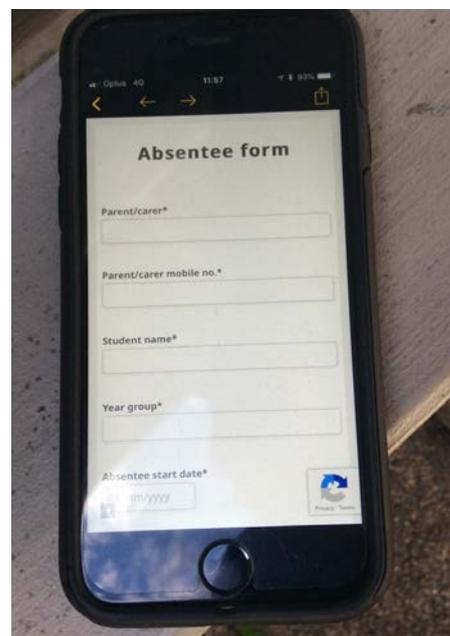
Reminder: it is vital that we have your current contact details, if you have changed these please contact the administration office to update.

Tech Hub

Looking for news on BYOD or how to download software? Go to our technology website to troubleshoot:

<https://techhubdhsvad.squarespace.com>

Follow us on Instagram: [dulwich_high_school](https://www.instagram.com/dulwich_high_school)



dulwich_high_school

Edit Profile



17 posts

67 followers

13 following

DHSVAD

www.dulwich-h.schools.nsw.edu.au

POSTS

IGTV

SAVED

TAGGED



Technology @ DHSVAD

Managing Technology at DHSVAD

Technology is a wonderful tool for learning and it is essential that we equip young people with a range of ICT skills in preparation for life beyond school. Therefore, to participate in a knowledge-based economy and to be empowered within a technologically sophisticated society now and into the future, students need the knowledge, skills and confidence to make ICT work for them at school, at home, at work and in their communities. Information and communication technologies are fast and automated, interactive and multimodal, and they support the rapid communication and representation of knowledge to many audiences and its adaptation in different contexts. They transform the ways that students think and learn and give them greater control over how, where and when they learn.

At DHSVAD we are aware that it needs to be managed appropriately within learning environments. Our Acceptable Use of Technology Policy states that students are to use devices that they bring to school responsibly.

Therefore,

- Students are not to access inappropriate material and are to use their devices for educational purposes only.
- Mobile phones are not to be used in class unless permission is given by the teacher.
- Students are able to use their mobile devices outside of the classroom at recess and lunchtime. However students cannot use the DoE intranet during this time.

Our Welfare Behavioural Policy will be followed in cases where students misuse technology.

These policies can be viewed on our website <https://dulwich-h.schools.nsw.gov.au/>

We also request that Parents and Carers do not call or text students on their mobile phones during school time, instead call the front office on 9560 7299 from which messages can be passed on to the child.

Ms C Taylor
HT Communication

Mobile Free Zone



Unless permission given



HOME WORK CLUB MONDAYS

3 - 4:30 PM
In the Library

Dulwich High School of Visual Arts and Design are excited to invite students from all year groups to be a part of the Homework Club. The Homework Club is open Mondays during the school term from 3 – 4:30pm.

The Homework Club is a quiet space where students can:

- Work on their school projects, homework, and assignments
- Build their understanding on concepts taught in class
- Study for an upcoming exam or test

Students will be able to work independently as well as seeking assistance from teachers. For more information, please feel free to contact Mr Casimiro

Music Notes

ENSEMBLE NEWS

Welcome back musos, we hope you've had a restful holiday break and are ready for a big year of music! Music is up and running for 2020 with all ensembles rehearsing as per the schedule below. Don't forget to order your music shirt from the uniform shop!

DATES FOR THE DIARY:

VOCAL ENSEMBLE – In Concert, 7pm Tuesday 19/5/20

The school's Vocal Ensemble will be participating in IN CONCERT 2020 "A dazzling choral and instrumental music showcase featuring Australia's premier Public Schools Music Ensembles and Combined Secondary Schools Choir at the beautiful Sydney Town Hall". Rehearsal 1 3/3/20, Rehearsal 2 5/5/20, Performance 19/5/19.

MUSIC CAMP – All ENSEMBLES, Wednesday 3/6/20 – Friday 5/6/20

Bigger and better, the third Dulwich High School of Visual Art and Design annual music camp will offer all ensemble members an opportunity to participate in three days of workshops at the Elanora Uniting Venues, Elanora Heights. Each ensemble will be working on challenging repertoire with the music staff and tutors working on upcoming performances, including the school musical. More information to come – stay tuned!

CONCERT BAND, STAGE BAND & CHAMBER GROUP – Inner West Schools Music Festival, Sunday 13/6/19

Hosted by Burwood Girls High School, the festival hosts a variety of school ensembles from beginners to seniors and includes recorders, strings, wind, mixed ensembles, bands and orchestras. This is an exciting external performance opportunity for the students.

WINTER GALA, ALL ENSEMBLES, Senior Music Students, Dance, Drama – date TBA

Spanning 2 nights, the showcase will feature performances from DHVAD's extensive creative arts programs. Each of the Music Ensembles Program ensembles will perform alongside Senior Year 11 and 12 Music students, Dance ensemble and Drama students. This will be a massive celebration – more information to come, stay tuned!

REHEARSAL SCHEDULE:

Chamber Group

MONDAY 3.00pm – 4.15pm in the Music Room

This ensemble caters to acoustic guitarists, orchestral string players (violin, viola, cello and double bass), woodwind (including recorder), brass and percussion instruments. This group will perform a range of repertoire suited directly to the level and instrumentation of the group.

Vocal Ensemble

TUESDAY 7.30am – 8.40am in the Music Room

Members of this ensemble have the opportunity to learn correct vocal technique, explore traditional and contemporary repertoire, and to experience fantastic performance opportunities including In Concert. Singers of all ranges and abilities are welcome.

Rock Band

Thursday 3.00pm – 4.15pm in the Music Room

This session is open to both students who are part of an existing band and students wanting to form bands. Typical instruments include electric guitar, electric bass, keyboards, drum kit and vocals, but may also include horns and percussion. We encourage beginners to come along and learn a new instrument.

Stage Band

Thursday 7.30am – 8.40am in the Music Room

Stage band is an ensemble for advanced and senior musicians – entry is by invitation or audition only. The instruments in the Stage Band include saxophones, trumpets, trombones and a rhythm section including piano, guitar, bass and drums. Students in Stage Band are expected to play in the Concert Band as mentors for junior students.

Music Notes cont.

Concert Band

Friday 7.30am – 8.40am in the Music Room

Members of this ensemble are of beginner to intermediate standard on their instrument. Students have the opportunity to learn ensemble skills by exploring a range of repertoire.

Instruments usually played in a concert band include:

Woodwind: Flute, oboe, bassoon, clarinet and saxophone

Brass: Trumpet, trombone, euphonium, French horn, tenor horn, baritone and tuba.

Percussion: Drum kit, glockenspiel, xylophone, timpani, auxiliary percussion, keyboard and bass guitar.

Gifted and Talented Development Program

FRIDAY 3.00pm – 4.30pm in the Music Room*

With entry via audition only, this ensemble focuses on performance and student led arrangements. This ensemble is for advanced musicians and include Vocalists and Instrumentalists. Students are expected to be versatile, confident and expert performers.

*Rehearsals occur once every fortnight

Ms Taylor

HT Music

Mr O'Donnell

Ensembles Director



**Save the date ...
Music Camp is coming!
Term 2, June 3-5**



HSIE Faculty

HSIE would like to extend a very warm welcome to what promises to be another exciting and successful academic year to all students, families and community members. In particular, we would like to welcome our new cohort of Year 7 students to the school - they have already been engaging enthusiastically with learning and have settled into the school very well.

We would like to acknowledge the outstanding achievements of our Year 12 2019 students who achieved extremely pleasing results in their various HSIE courses in the 2019 HSC. Students performed well above state average in all HSIE courses offered, which included: Ancient History, Business Studies, History Extension, Legal Studies, Modern History and Society and Culture, with many students achieving in the top two bands across all courses.

2020 will see the implementation of the new Stage 5 Commerce syllabus to those Year 9 students who have elected to study the 200 hour course, and we are pleased to be delivering this new and exciting curriculum that reflects the dynamism of the 21st Century.

A picture below of Year 8 students playing Medieval Games as a part of their Medieval Europe topic.

Mr J O'Neil
HT HSIE

"We would also like to welcome and extend our best wishes to our Year 11 students as they commence their first year of Stage 6 subjects."



DHSVAD *presents*

ART MONTH 2020

*Work alongside practicing
artists, learn new skills and
exhibit your work*

**MARCH 9TH TO
MARCH 25TH, 2020**

ARTmonth Exhibition
Seaview Gallery
Wednesday March 25, 2020
5:30 - 7:00pm
ALL WELCOME

Math Faculty

The Mathematics faculty is dedicated to making the study of Mathematics a relevant and engaging experience for all students.

All Year 7-10 students have either a Mangahigh or Mathspace login, which is an interactive technology to enhance their Mathematics knowledge and skills. We require all students to participate with this program, which costs \$15 (discounted price). This can be paid through the Finance Office.

In Year 7 and 8, all students work towards the achievement of Stage 4 outcomes. It is acknowledged that students learn at different rates and in different ways, therefore, teachers at Dulwich High School of Visual Arts and Design differentiate curriculum to suit students' learning. The SEC classes (7O and 8O), will be participating in enrichment projects throughout the year, such as designing a zoo that involves applying mathematical knowledge to variety of contexts.

In Year 9 and 10, students are placed in one of three different substages 5.1, 5.2 and 5.3 classes. Teachers at different stages will extend students depending on their level of knowledge. This means that even if a student is in a 5.2 class, the teacher may decide to teach some 5.3 outcomes. This applies to all substages. Students are placed in the class depending on their progress and grades gained in the previous years. Throughout the current year, students will be given the opportunity to improve their Mathematics skills, grades and achievements. Accordingly, different placement in classes will be determined and offered, as appropriate.

In 2020, the classes have been divided in substages as:

Year 9		Year 10	
9O and 9V	5.3	10O	5.3
9A and 9D	5.2	10V and 10A	5.2
9H and 9S	5.1	10H,10S and 10C	5.1

In Year 11 and 12, to complete Mathematics Advanced or Extension, students are encouraged to have studied 5.3 in Year 9 and 10. For students to complete Mathematics Standard, students are encouraged to have studied 5.2 in Year 9 and 10.

If a student is absent on the day of assessment task, a medical certificate or statutory declaration is required. This is to be handed to the Head Teacher of Mathematics on the day of their return. Assessment schedule, scope and sequence and instructions to log on to textbooks are uploaded on their Mathematics Google Classroom.

All students have access to an online textbook, which can be accessed through;

Website : [pearsonplaces.com.au](https://www.pearsonplaces.com.au)

Login : dulwich-h.school@det.nsw.edu.au

Password : dulwich1

If there are issues with viewing the textbook, contact the Pearson Places customer service;

Free phone: 1800 656 685

Free fax: 1800 642 270

Email: schools@pearson.com.au

Ms S Kang
HT Mathematics

Math Faculty cont.

Prior-to-school learning

Students bring to school a range of knowledge, understanding and skills developed in home and prior-to-school settings. The movement into Early Stage 1 should be seen as a continuum of learning and planned appropriately.

The *Early Years Learning Framework for Australia* describes a range of opportunities for students to develop a foundation for future success in learning.



MANDATORY STUDY

Early Stage 1 – Stage 3

Mathematics K–10



MANDATORY STUDY

Stage 4

Mathematics K–10

(including Life Skills outcomes and content)



MANDATORY STUDY

Stage 5

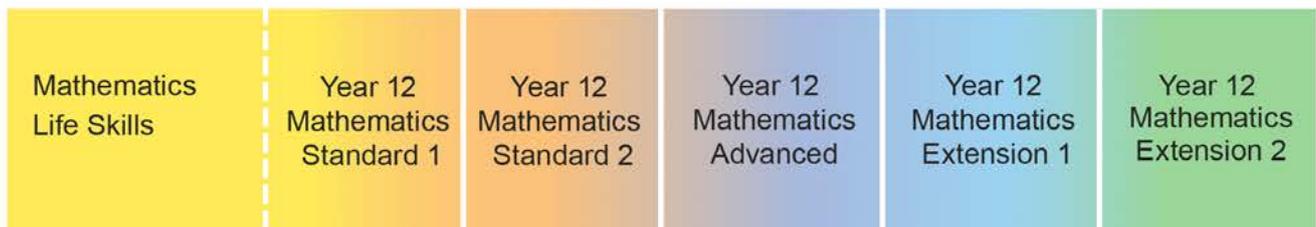
Mathematics K–10



ELECTIVE STUDY

Stage 6

(Years 11–12)



Community, other education and learning and workplace pathways



PDHPE

New NESA Syllabus' Year 7-10

This year, students in Year 7-10 will be involved in the mandatory subject Personal Development, Health and Physical Education (PDHPE). This subject prepares and supports students to lead, and contribute to healthy, safe and meaningful lives which promote respect, responsibility, enjoyment, inclusion and social justice for self and others.

Our school's PDHPE program covers a wide range of education matter, including relationships, drug use, sexuality and sexual health, body image, mental health and wellbeing, protective strategies, movement skills and performance, safety and physical activity. Some of the content of the program deals with sensitive issues. The school recognises this by teaching about these issues within the context of a developmentally appropriate program and by providing information to you about the program.

The school program will be implemented in a manner that supports the role of parents and caregivers, and reflects the ethos of the school community.

For more information on PDHPE go to the NESA website, www.educationstandards.nsw.edu.au



Stage 6 PDHPE Returns to DHSVAD

Stage 6 (Year 11-Year 12) Personal Development, Health and Physical Education elective has a class for 2020. The course soon to be renamed 'Health and Movement Science' to align more with university courses provides students with the opportunity to learn about the range of areas that underpin health, physical activity and sport science.

With a focus on health of individuals and community as well as the factors that influence movement skills and physical activity levels, students develop their critical thinking skills and develop a deep understanding of the factors that impact on health, sport and physical activity in Australia. The course has a strong emphasis on sport science.

Stage 6 PDHPE could lead to a Bachelor of Health Science (Health and Physical Education) allowing for career paths in the following:

- PDHPE secondary teacher
- Project officer
- Youth worker
- Medicine
- Sport coaching
- Sport Science
- Sports development officer
- Recreation officer
- Nurse
- Aged care
- Fitness training

PDHPE cont.

Procedure for students out of PE uniform

It is a school requirement that all students change into their sports uniform for practical classes.

The following procedure will be followed for students who forget their PE uniform:

1st and 2nd offence - Warning about following the uniform policy. Student will be allowed to participate.

3rd offence - Phone call / letter home. Teacher will remove student from the practical lesson to complete a Non-participation Observation Sheet. Students will serve a lunchtime reflection period and parents will be notified by phone/mail regarding the students repeated inability to wear correct uniform or stay off their mobile phone during class time.

Students who are repeatedly out of uniform may be placed in reflection to help them think about their repeated failure to adhere to school rules. This will be monitored by the Head Teacher PDHPE.

In the event that a student's family is under financial hardship and the purchase of a proper uniform is an issue, parents are encouraged to call the school and talk to their child's PDHPE teacher about temporary exemption from out of uniform procedures. If a student's uniform is damaged or dirty, students may bring an appropriate change of clothes for PDHPE, accompanied by a note from their parents. No note = out of uniform.



Sport 2020

NSW Department of Education requirements Year 7-10 (Required for RoSA)

- Participation in physical activity includes time spent in PDHPE, sport and other structured physical activities
- Participate in a minimum of 150 minutes of planned moderate with some vigorous physical activity across the school week.
- 300 hours PDHPE, over Years 7 – 10, in each of the years

Ms P Brown
HT PDHPE

Sport

Welcome to Dulwich High School of Visual Arts and Design 2020 Sports. First, congratulations are in order to the 2019 Junior Boys Grade Oztog team, with their coach Mr McGeoch, they were successful in winning the Bligh Zone Competition.

Tuesday Sport has started off with a bang, with Year 9 and 10 students participating in Recreational and House Sports in the morning, and Year 7 and 8 students have started participating in Recreational and House Sports as well in the afternoon. The Grade sport teams have been in training and are prepared to start the Bligh Zone Grade sport competition in Week 4 with Round 1 games commencing.

The school's swim carnival took place on Friday, 14 February at Canterbury Pool. The day was a great success with students participating in various races and also competing to gain points for their respective houses. On the day we also had a number of school records being broken. Successful students continued on to the Bligh Zone Swimming Carnival that happened on Monday 24 February.

Mr M Cucciniello
Sports Co-ordinator



Visual Arts Faculty

This year we welcome two new staff members to the Visual Arts faculty. Ms O'Gallagher replaces Ms Kyriacou for one year. Ms Kyriacou is working on a project to assist schools improve their results in HSC Visual Arts. Ms Bulhler is replacing Ms Belgum who has moved to HSIE, though she will continue teaching NEO Jewellery.

A big welcome to all our Year 7 students and new students from other schools, joining us this year.

We achieved very successful 2019 HSC results in Visual Arts, capped off with 2 of our students having their work exhibited in the Art Gallery of NSW, ARTEXPRESS exhibition with the opening evening on February 5. Forty six students from across NSW were selected for this year's exhibition. We are very proud of Zak Kalivas and Anna Decombes in having their work selected for exhibition at the AGNSW. Also to be congratulated is Kethi Neloe whose work is to be exhibited at ARTEXPRESS the Armory in March.

89% of our Year 12 Visual Arts students attained results in the top 2 bands.

Below: students, family and some staff at the ARTEXPRESS Opening at the AGNSW



DHSVAD Visual Arts is an extremely active department in pursuing opportunities for our students to participate in and grow creatively. In 2020, our creative journey continues.....we have our 2020 ARTMonth artist workshops commencing from March 9. There will be 3 weeks of one day workshops for the Artstream students, working with some amazing and inspiring artists across a range of mediums.

David Briggs (Drawing: Julian Ashton Art School & National Art School), Seraphina Martin (Collagraph), Chris Horder (Landscape Painting), Andrew Antoniou (Experimental Drawing), Christian Bonnet (Painting & Sculpture), Tiero Boo (Aerosol Art), Janet Parker Smith (Sculpture), Tara Axford (Collage), Michael Herron (Drawing) and Shane Robertson (Cardboard Animals).

A request to Artstream parents to please support your child's education by finalising the visual arts payment, so we can cover the costs of the artists and art material resources that are included in the art contribution.

Visual Arts Faculty cont.

Year 12 Visual Arts are currently busy with their HSC studies and Body of Work (BOW) projects. They will attend the AGNSW Feb 21 to see the ARTEXPRESS exhibition. This is an important excursion in their BOW journey in showcasing the standard required to attain high standards in the HSC.

Year 11 Visual Arts will be going to Cockatoo Island on Feb 28, to do a drawing workshop with prominent artist, Michael Herron. They will also engage in other drawing and photography activities and later attend the ARTEXPRESS exhibition at the AGNSW.

After school Enrichment workshops will occur from Term 2. These workshops have become extremely popular with the students producing consistently high quality work. The workshops on offer will be announced in the next few weeks.

Parents/carers of students in year 6, please note that interviews for Year 7 2021 Artstream will be conducted during week 2 next term. Information on our school website.

Below: Student Visual Art Diaries on display at the AGNSW

Mr P Wooten
HT Visual Arts



Visual Arts Faculty cont.



Anna Decombes and Zak Kalavas at the ARTEXPRESS opening night.

DHSVAD Visual Arts website
www.art-highschool.com

Year 7 Report

It has been a lot of fun organising and assisting with Orientation Day and induction of the Year 7 2020 cohort to the Dulwich High School of Visual Arts & Design community.

It's been a busy first few weeks with the distribution of diaries, timetables and assessment booklets and students getting to know their way around the school.

Students have made new friendships, confidence has evolved and lots of happy faces have been seen.

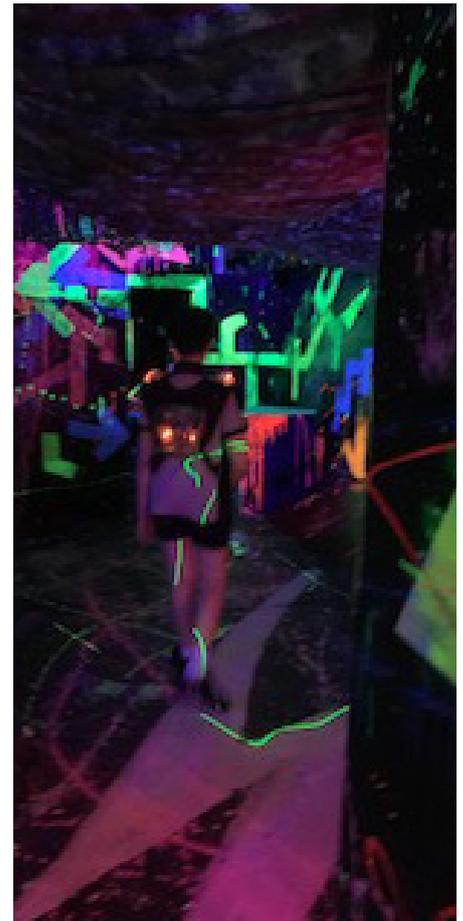
The Year 7 Camp is in Week 6, 4-6 March at Vision Valley. Students will participate in a variety of fun activities, mentored by Year 10 Peer Support Leaders, aimed at developing peer connections, stronger friendships and resilient character. Please see the camp note for further details.

The Year 7 Peer Support program for 2020 has now passed its half-way mark. A wonderful team of over forty Year 10 students have committed a significant amount of their own time into training for and implementing the program. A 3-session orientation was completed in the first two days of school, supporting the new students as they familiarised themselves with the school's staff, classrooms, timetables and, of course, each other. We are currently mid-way through an 8-session program focussing on resilient mindsets and choices. Feedback from students and teachers has been very positive. We aim to complete the program on a high note at the upcoming Yr 7 camp.

Some Year 7's are also enjoying laser tag for sport, every Tuesday. Student's can not wait to get on the bus and arrive at their destination for an afternoon of Laser tagging.

The swimming carnival was on the 14 February and not only was it fun in the Turtle Lane, but many Year 7's competed and won first, second and third places in many events. Congratulations to all the Year 7s for competing and best of luck for the rest of the term.

Ms K Iordanidis
Year 7 Advisor



Year 7 Report cont



Uniform

The uniform shop is situated in the Art Express Building.
Opening hours: Monday 8:15am - 9:15am & Thursday 8:30am - 10am.
Online orders through www.picklesschoolwear.com



Dulwich High School of Visual Arts and Design is a uniform school.

Wearing a uniform is beneficial for students, teachers, parents and administrators as it:

- Creates an identity for a school & is an important part of being a school student as you are uniquely identifiable in the community
- Removes social barriers and bridges any gap
- Promotes unity and equality among students
- Saves on costs
- Sets high expectations
- Prepares the student for the right frame of mind to learn
- Prepares them for life
- Instills a deep rooted sense of discipline
- Sets high standards

Year 11 Report

Year 11 students have had a wonderful start to the year and should be commended for transitioning smoothly to Stage 6 after their summer break. The Year 11 students have expressed how ecstatic they are studying the subjects in which they are most passionate. They also look mature and distinguished in their senior uniforms, and for the most part they have shown exemplary behaviour, attendance and engagement with school life as seniors.

This year will feel like a fast and furious one, and that is because it is the 'shortest' year of their education – students are reminded that Year 11 is for only three terms, meaning fewer assessments that count for more marks. Time management is now more important than ever. Students are encouraged to develop well-planned and consistent schoolwork and study routines – this will be crucial for their success and create a strong foundation for Year 12.

Some tips include:

- Organise your study space – somewhere that you can focus and have all the materials that you need
- Use flow charts and diagrams – pictures speak 1000 words, so if you can summarise key ideas into a diagram the main facts will be easier to remember
- Study regularly – studying small amounts regularly will be more beneficial than trying to cram all the information just before an exam or when an assignment is due
- Don't procrastinate! – rather than finding excuses of why you can't do it, just start doing a little bit each day
- Remove distraction – put your phone on silent and in a drawer. If possible, use physical books and writing paper rather than your laptop so you're not distracted by other websites
- Draft essays – write a draft and get feedback from your teachers or peers
- Create Study Groups – a study group can help a student's understanding as great learning occurs when a student can explain their ideas to another person

Year 11 are no longer required to attend Tuesday elective sport, and thus finish school at 12:20 on Tuesdays. There will be a senior study session on Tuesday afternoons which will provide the Year 11 students with additional support on their work and assessments.

The Year 11 students are confident and excited to tackle any challenges that their senior courses will throw at them. We know that they will do extremely well and we wish them the best.

Mr S Casimiro
Year 11 Student Advisor

**Now is the time to make
your study plan
and prioritise tasks**

Year 12 Report

I would like to welcome Year 12 back for their final year of their secondary studies.

There are several big 'lasts' for them coming up this term: Their last school photo; their last parent-teacher night; their last swimming carnival. Whilst course work is their primary focus, students should also take some time to reflect on their high school experience, and how it has helped them grow, change and form positive relationships.

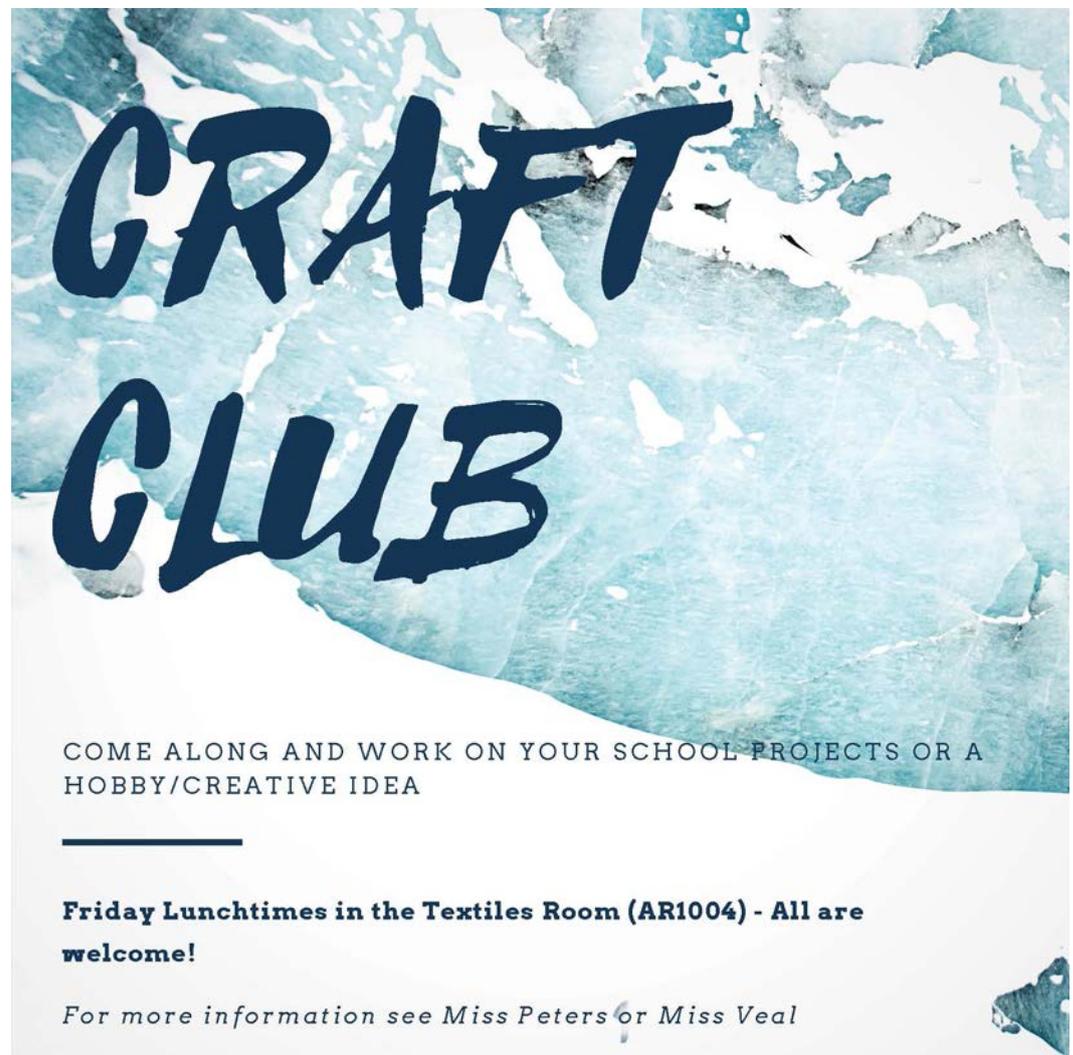
Year 12 have adjusted well to the new morning routine of Home Room, which gives students a chance to map out their week, check in with their home room teacher, and prepare for the school day. During Home Room, students receive important school announcements and updates. They will also have access to their Home Room Teacher to support their wellbeing and academic engagement. On days when Year 12 have a flexi during period 1, they are not expected to attend Home Room. So far, I'm pleased to report that responses to Home Room have been very positive.

There are many opportunities for students to better understand and strategise for success in Year 12. On March 10, our local Emanuel Tsardoulis library in Dulwich Hill, is hosting a free seminar entitled 'The HSC syllabus explained and how to ace it.' Tickets must be reserved using the following link. Hope to see you there!

<https://www.eventbrite.com.au/e/the-hsc-syllabus-explained-and-how-to-ace-it-tickets-87588951913?aff=ebdssbdest-search>

I would like to end this edition by congratulating our school captains, Audrey Ormella and Christian Chorbiadjian, for doing a tremendous job thus far in leading the student body. Their diligent, mature and consistently focused approach serves as a great example for others. Well done guys.

Mr H Leggett
Year 12 Student Advisor



Volleyball Club 2020

Volleyball is off to a great start for 2020! Our coaching sessions began in November last year on a Tuesday afternoon after school. They have been so popular that there will be another coaching session added to Friday lunchtimes. This will be aimed more at anyone who is a beginner and wants to learn the basics or develop their techniques to get started.

Our aim is to compete in the State Volleyball NSW School's Cup competitions. We had 6 senior boys who went to the Trials for the Sydney East Volleyball Team in the hope of making it to the NSW squad.

Anyone who is interested in representing the school in Volleyball or has an interest in learning how to play volleyball, should see Ms King in the Careers office. Watch Enews and Google Classroom for other external opportunities for playing volleyball. You can also join the Volleyball Club Google Classroom page for added info including demonstration videos. Group code is 2x5lapv to join

Ms J King
Careers Advisor/Champion Volleyball Coach



Careers News

We are off to a great start for 2020!

UTS Big Day In Expo

On Wednesday 18 March, 40 of our students will be attending the UTS Big Day In Conference where our students will get to speak to industry professionals to find out how to get started in the world of Information Technology. There will be companies such as Adobe, Animal Logic, Microsoft, Westpac Group, Wisetech Global and many more.



Careers News cont

EVET – External Vocational Education and Training

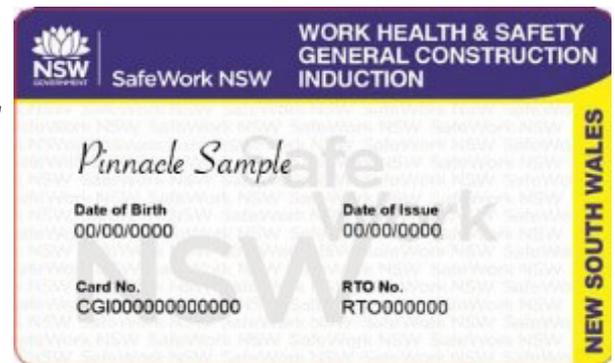
51 of our students mainly across Years 11 and 12 have begun their studies at various TAFE's, the Whitehouse Institute of Design and Academy of Interactive Entertainment in Vocational Training. These courses are part of their senior studies with some of them contributing towards their ATAR. Student's will gain a qualification in the area they are studying and this is incredibly beneficial when students are looking for employment or further study on completion of High School.



WHS White Card

There will be another two White Card training courses this year for any students interested in working in the Building and Construction Industry, or in screen production, theatre production, set and stage design, architecture, engineering.

The first course will be towards the end of term 1.



NSW - Year 12 Medicine Information Evening

18 March. 6.30pm to 7.30pm

Leighton Hall, Scientia Building, Kensington

If pursuing a career in Medicine is something you have always dreamed of, then make sure you don't miss the Medicine Information Evening. This evening provides a general overview of the UNSW Medicine degree as well as detailed information on our application and admissions process for 2021 from current staff and students in the Faculty of Medicine.

Finally, the evening is a great opportunity for you to ask any questions you may have about what it's like to be a student studying Medicine at UNSW, what the interview process is like, or anything else that may be on your mind.

This event is extremely popular and will fill to capacity. Please register as soon as possible to avoid disappointment.

<https://www.events.unsw.edu.au/event/year-12-medicine-information-evening-0>

UNSW Law Admission Test LAT

9 May. 6.30pm to 8.30pm

Do you want to find out more about how the Law Admission Test (LAT) affects entry into our Law double degrees?

Have your questions answered at our 2020 LAT Information Evening. The LAT is an entry requirement for all undergraduate law double degree programs at UNSW. This information evening will cover how the LAT has worked for entry in the past, provide detailed program and Faculty information, as well as key LAT dates for the year ahead.

Our LAT Information Evening is for year 11 and 12 students and their parents, career advisers and students currently studying at another university who are hoping to transfer to UNSW Law in 2021.

<https://www.events.unsw.edu.au/event/law-admission-test-lat-information-evening>

Careers News cont

Parent Information Evening at Western Sydney University

Wednesday 22 April, Campbelltown campus

Thursday 23 April, Parramatta South campus

The Parent Information Evening at Western Sydney University provides parents, guardians and students a chance to find out everything they need to know about university. From discovering the way the ATAR works to speaking with Western Sydney University staff and students one-on-one to learn about the opportunities available for your child, the Parent Information Evening is a great introduction to the exciting journey ahead.

Learn more about university and campus life, Western Sydney University courses, admission, early entry programs and scholarships. The evening will include formal presentations as well as an informal advising market, where you will have the opportunity to speak to staff about courses and programs. Register here:

<https://www.westernsydney.edu.au/future/student-life/events/parent-information-evenings.html>

TAFE NSW Scholarships Support Students to Study

Every student deserves the opportunity to explore their talents. TAFE NSW scholarships provides students the chance to reach their full potential regardless of their circumstance. Hundreds of scholarships are on offer. Applications are now open. Visit :

<https://www.tafensw.edu.au/enrol/payment-funding/scholarships>

For an Apprenticeship in Home Building Careers HIA Apprenticeships

Learn all about the advantages of a HIA construction apprenticeship. Submit a General Application online.

We're always on the lookout for great people wanting to start or continue their apprenticeship in the building industry. Join HIA and let us guide you through your career and the process of becoming a qualified tradesperson. During your apprenticeship, we give you all the support you need including mentoring and training. We'll help you make a smooth transition from school to the workforce – we will be with you every step of the way!

<https://hia.com.au/products-services/apprentices/why-choose-HIA-apprentices>

AIT Information Nights

3 March

AIT's Info Night is perfect for those wanting to explore the endless opportunities available in the growing creative industry. This fun and interactive seminar is a great way to get further information on our curriculum, course requirements, study pathways. Our friendly staff & students will also be there to talk to and get advice from.

During the Info Night, you'll:

- Learn about careers and study options in film production, 3D animation, digital media, game design, mobile apps and IT.
- Take a campus tour !
- Learn about our \$8,000 Scholarship for domestic students

<https://info.ait.edu.au/info-night>

AIT Aquaman Mastertalk

27 February

Melbourne

Academy of Information Technology (AIT) with Australian Production Design Guild (APDG) in association with globally renowned Method Studios, invite you to a FREE Master Talk presentation with award-winning VFX Supervisor Josh Simmonds who will showcase his work from the DC Comics blockbuster Aquaman.

<https://www.eventbrite.com.au/e/vfx-mastertalk-focused-on-dc-comics-aquaman-tickets-90718853533>

Careers News cont

Academy of Interactive Entertainment Online Experience Day

Saturday 28 March

If you have ever wanted to study 3D animation, game design or VFX for film online with AIE then our Online Experience Day is an ideal opportunity to find out more!

Course overview sessions will be running on the range of online courses in 3D animation, game art, game programming and game design offered by AIE. You will get to participate in workshops, guest speaker talks and much more. Have a question? Don't worry, pop by and one of our friendly staff from AIE online will assist. With classes starting all the time, starting your career as a game developer or 3D animator has never been easier. Register now for this FREE online event.

https://aie.edu.au/aie_event/online-experience-day/

Defence Careers Information Sessions

24 Feb – Sydney – Women in the Defence Force

24 Feb – Tamworth – Defence Info

25 Feb – Albury – Gap Year

25 Feb – Wollongong – Army Reserve

25 Feb – Canberra – Gap Year

25 Feb – Armidale – Defence Info

26 Feb – Sydney – Army Info

26 Feb – Gunnedah – Defence Info

27 Feb – Wollongong – Trades in Defence

For a Defence event near you visit:

<https://www.facebook.com/DefenceJobsAustralia/events>

Creative Careers Expo

22 & 23 May

Campbelltown Arts Centre

Schools and young people are invited to the annual Creative Careers Expo at Campbelltown Arts Centre. Extending over two days in 2020, the free expo showcases the diverse career paths in the creative industries and is packed with presentations, info stalls from tertiary institutions, workshops, artist panels and group 'speed meets'. More info: <https://c-a-c.com.au/creative-careers-expo>

Enquiries: Edwina.hill@campbelltown.nsw.gov.au 02 4645 4298.

Australian Jobs

Australian Jobs is an easy to follow guide to the Australian labour market. It includes information about industries and occupations as well as states, territories and regions. The publication highlights trends in the Australian labour market and provides guidance about job search and the skills employers value.

<https://www.jobs.gov.au/australian-jobs-publication>

One Shift Jobs

Casual or part-time jobs opportunities. Based on the information and skills you have selected in your profile, OneShift matches you with the right jobs. Your matches can call or message you directly to set up an interview. It's like having your own personal recruiter.

<https://oneshiftjobs.com/>

Ms J King

Careers Advisor/Champion Volleyball Coach

P&C NEWSLETTER

TERM 1
2020

Thanks to everyone who came and volunteered at our Year 7 welcome BBQ.



Thanks to the parents who volunteered to cook and serve and welcome the new members of our community at the Yr 7 BBQ. We also had a full room for our first P&C meeting of the year, and hope to see many new faces throughout the year.

Tickets are on sale for our main event this term- the Inside Art Express event at the AGNSW. This year we have 2 students in the AGNSW and another student in the touring show which will also have a time at the Armoury. This is an opportunity to see exemplary works of art from students across the state and be in the gallery in the evening which is always special. Tickets are limited.

P&C MEETINGS

We meet on the **3rd Wednesday of every month at 7pm** in the school office meeting room.

(Its usually only 2 meetings a term! so its not as much as it sounds)

TERM 1 MEETING:

Wednesday 18th March

If you can't get to a meeting look out for our Volunteer call outs for our various events throughout the year.

We look forward to meeting you!

INSIDE ART EXPRESS WEDNESDAY 1ST APRIL

6:00PM SHARP START

\$25 per adult/\$15 Student

* price includes private tour with curator 1 drink and cheese

Subsidised by the DHSVAD P&C.

Friends and Families of all years invited.

Alcohol will be served.

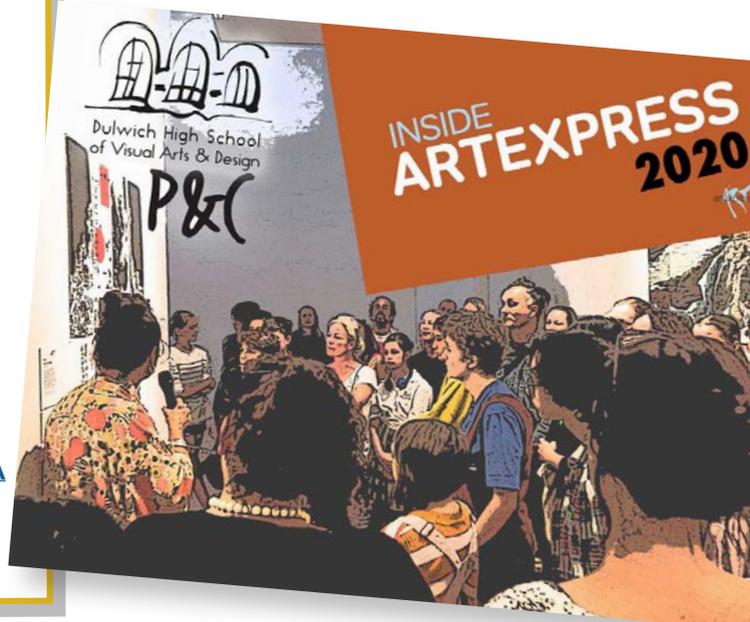
Tickets available from

TRY BOOKING link below OR search for
INSIDE ART EXPRESS 2020 - DHSVAD Private ART Tour

<https://www.trybooking.com/BIIFA>

TRYBOOKING TICKETS OPEN UNTIL
Friday 27th March 5PM.

Tickets for the Inside ART EXPRESS event are now on sale. Tickets are limited so get in early to book.



BE PART OF YOUR CHILD'S
HIGH SCHOOL COMMUNITY...

From the President...

There are many ways you can help outside of volunteering your time at a BBQ. The more we work together as a community across the areas in the school, the more we can spread the load and contribute to an enriching learning environment for our students and support great initiatives led by the school.

We have several subcommittees that support a range of areas within the school and are we looking for some people to support these key areas.

- **Fundraising Committee - MEETING TBC** We meet outside of P&C meetings at a local venue. If you can help with catering, ideas for fundraising or just to lend a hand you are welcome!
- **VAD friends - Supporting Visual Art and Design** Creative parents, or parents wanting to support their creative children. Get involved in our Art show and help us to promote the Arts in our community.
- **Friends of Music** Help our music programme by supporting the music events and teachers musical initiatives in the school.
- **DHSVAD green - making our school greener** We are looking for someone to drive this area of the school. This is an area that is important to the students and we would love to find a passionate parent who will take this up and build this area in the school.

If you are interested in any of these areas, look out for the notices or register your interest on the p&c email.

P&C EVENT CALENDAR 2020

TERM 1	WEEK 1 JAN	WEEK 2 FEB	WEEK 3 FEB
	WEEK 4 FEB WED 19 Year 7 Welcome BBQ A tradition to both welcome students and meet their teachers P&C Meeting Our first P&C of the year. All are welcome.		
	WEEK 5 FEB WED 26 School Open Night P&C BBQ Help feed the hungry families that are rushing in from work and also to represent our school community		
	WEEK 6 MAR WED 4th Jono Nicholas Teenagers Digital Wellbeing	WEEK 7 MAR	WEEK 8 MAR WED 18th P&C Meeting
	WEEK 10 MAR/APR WED 1 Art Express Private Tour An insightful private tour followed by champagne, drinks and finger food and the chance to chat to other parents and students.		WEEK 9 MAR
			WEEK 11 APR

NEW & REGULAR VOLUNTEERS ALWAYS WELCOME - LOOK OUT FOR NOTIFICATIONS

DHSVAD WELLBEING TEAM PRESENTS

JONO NICHOLAS: TEENAGERS, BOUNDARIES AND DIGITAL TECHNOLOGY

Presenting: Strategies for Parents Health and Technology Q&A Discussion
 Tickets: \$10 Adult
 Proceeds to DHSVAD Wellbeing Initiatives

6PM, MARCH 4 2020
 SEAVIEW GALLERY

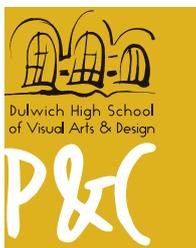
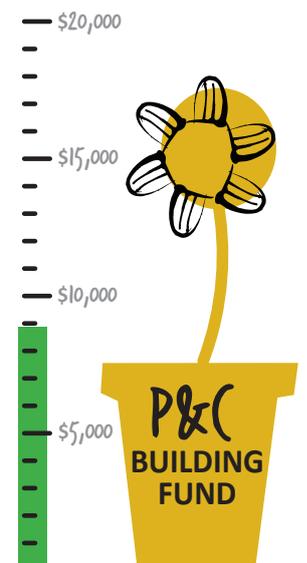


NEW P&C BANK DETAILS

At the beginning of this year we moved our P&C bank to the ANZ. Please note our Building Fund account details have changed. We will be doing our regular building fund drive closer to the EOFY. Our fund is currently sitting at **\$8,486.69**

Building Fund Account
BSB: 012-301
Account No: 3188-42507

HELP US GROW



BE PART OF YOUR CHILD'S HIGH SCHOOL COMMUNITY...

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 pandcdhsvad@gmail.com

FACEBOOK
 pandcassociationDHSVAD

DHSVAD WELLBEING TEAM
PRESENTS

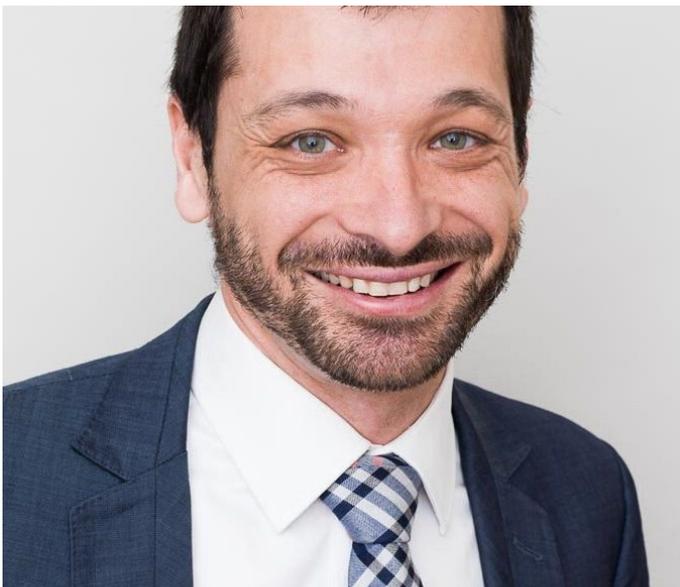
JONO NICHOLAS: TEENAGERS, BOUNDARIES AND DIGITAL TECHNOLOGY

Presenting:
Strategies for Parents
Health and Technology
Q&A Discussion
Tickets: \$10 Adult
Proceeds to DHSVAD
Wellbeing Initiatives

6PM, MARCH 4 2020

SEAVIEW GALLERY

Tickets can be purchased at <https://www.trybooking.com/BIMGX>



Strengthening your relationship with your teenager

FREE parenting course

ParentWise is a six-week parenting course for parents and carers of 12–17 year olds.

The program supports parents to better communicate and strengthen their relationships with adolescents.

ParentWise provides you with

- Strategies to connect with your adolescent based on their stage of development
- The skills to identify and set appropriate limits and boundaries
- Knowledge and understanding of various parenting styles
- Tools to effectively communicate with your adolescent
- The opportunity to share experiences and ideas with other parents



Registration is essential

To make an enquiry call 8571 7800
or email reception@goodshep.org.au

Program details

WHEN

TERM 2, 2020:

5:30pm – 7:30pm, Thursdays,
21 May to 25 June, 2020

WHERE

@ Good Shepherd

Light refreshments provided

*"I now have a better understanding
why my teenager acts and feels the
way they do."*

*"ParentWise helped me feel more
confident in my choices as a parent."*

Quotes from parents



Good Shepherd

Australia New Zealand

440 Marrickville Rd, Marrickville NSW 2204
02 8571 7800

reception@goodshep.org.au
www.goodshep.org.au



Equipping teenagers with coping skills for the years ahead

By Michael Hawton, Psychologist (MAPS) and [Parentshop](#) founder.

The issue of how to develop emotional hardiness in children has become an area of much interest in recent times. Added to this, none of us wants to be seen to be just standing by or letting our child go through emotional pain

unnecessarily. It's quite natural for a caring parent to want to step in to release the distress that accompanies any child's feelings of being treated unfairly. But, this compulsion to act, doesn't mean that we *should* always step in.

In their book on how parents have become overprotective, *The Coddling of the American Mind*, Haidt and Luckianoff (2018) say that the strengthening of a teenager's mental well-being may have something to do with how we facilitate a young person's experiences for 'life's' problem-solving episodes, including how *they* can be coached to engage with these problems, independently.

Luckianoff says, "In many respects our lives are better as a result of huge advances in safety and technology. Our lives are more comfortable, which is good. But that gives us problems of progress. We recoil violently from discomfort." (Luckianoff, *The Coddling of the American Mind* 2018).

Some long-term studies have been reflecting downturns in teenager's capacity to manage problems, independently. Compared to the 1960s, the levels of their ability to resolve issues for him/herself - called our internal 'locus of control' - has been steadily decreasing. A strong *internal* locus of control correlates with a belief, "I can control my own destiny." Without a healthy sense of internal locus of control, children can feel powerless and overwhelmed. According to Stixrud and Johnson (Reference to complete), the recent increases in childhood anxiety are a symptom of this phenomenon. They note that there has been an 80 percent rise in young people with an external locus of control (the belief that destiny is determined by external factors). The good news about external locus of control is that (the belief that other people or chance have control of me) can be shifted.

Are parents afraid of being judged and therefore falling into 'appearances parenting'?

Here's what I think. I have been observing parents for over 30 years and what I have noticed is an increase in parents feeling judged by other parents and an increase in what I term 'appearances parenting', which is a term I use to describe parents doing things for appearances sake. In this model

"In many respects our lives are better as a result of huge advances in safety and technology. Our lives are more comfortable, which is good. But, that gives us problems of progress. We recoil violently from discomfort." (Luckianoff, 2018).

of parenting we, as parents, can feel derelict or judged by others if we don't act. In my opinion, this model of parenting has become quite fashionable in Australia – parents doing things for appearances sake – such as not correcting their teenager in public because they want to appear cool (everything in our house is wonderful all the time) or because they want to appear responsive to their child's needs (such as when a parent caves-in to a teenager's whinging (after the teenager says she doesn't want to go to school).

So, what I have seen, increasingly, are parents wanting to do something for appearances-sake. That perception of wanting to appear to be doing something (and our vulnerability to the judgement of others) if we don't hold-the-line about for what we think is the right thing to do and be compelling.

Routinely giving your teenager a 'get-out-of-jail-card' and protecting them from all this distress is a sub-optimal solution and it can backfire when they do eventually have to face adversity. That said, there is much parents can do to resolve problems that arise from time to time, without prematurely stepping in or indeed failing to step in when you should.

In the next few articles in this series, we'll be looking at just that matter; we'll explore how you can help your teenager be more self-driven in the face of adversity.

Michael Hawton is founder of ParentsShop, providing education and resources for parents and industry professionals working with children. He has authored two books on child behaviour management: *Talk Less Listen More* and *Engaging Adolescents*. You can find more information, including his books and self-paced online parenting courses at <https://www.parentsshop.com.au/parent-courses/>

References:

Haidt and Luckianoff, *The Coddling of the American Mind*, Great Britain, (2018).

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NO WORDS!" CAITLIN, CANADA**

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